

ARDANRUNES

This is the July 2009 issue of the Ardanrunes, a publication of the Shire of Ardanroë of the Society for Creative Anachronism, Inc. (SCA, Inc.). Ardanrunes is an electronic newsletter only, available on the Shire of Ardanroë website. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright 2009 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors. All clipart in this issue is from Microsoft Word. The photograph of dill was taken by Maistir Rory ua Riada. Photographs from the Live Weapons Championship were taken by the couple, Eibhlin Nuinnsean and Giric lögmaðr. The deadline for submissions is the 25th of the month for the issue coming out the 1st of the next month.

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Calendar of Events

July 11	Lugh – Grey Niche
July 25	Barbearian Brawl – Southtower/Small Gray Bear
July 24 – August 12	Pennsic War – OOK
August 1	Academy of Performing Arts – Iron Ox
August 8	Aphar Faire – Lagerdamm
August 29	MidSummer Knights Dream - Smythkepe
September 5	Duvant Defender – Wyrnggeist
September 5	Known World Herald Symposium – OOK
September 12	War of the Pearls – Hammerhold
September 19	Kingdom A&S Faire/RUGA – Loch Bais & Ardanroë
September 26	Slay the Dragon – Vogelburg
October 3	Gleann Abhann Fall Coronation – Troll Fen
October 10	Diamond Wars – Small Gray Bear

ARDANROE OFFICERS

Seneschal: The Honorable Lady Dana the Quarrier
Knight Marshal: Lord Johannes von Greiffenburg
Herald: Maistir Rory ua Riada
Exchequer: Mistress Sarah MacGregor
Minister of Arts & Sciences: The Hon. Lady Melisant of Exmoor
Chronicler: Barun Rory ua Riada
Chirurgeon: VACANT

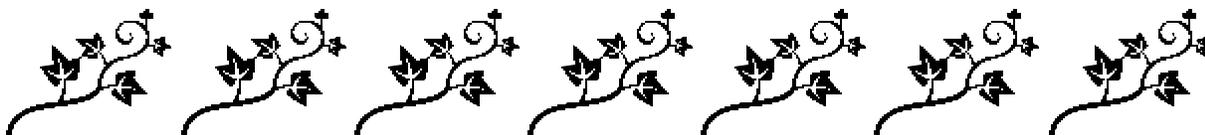
Minister of Children: VACANT
Web Minister: Lorccán na Túaithe
Provost of RUGA: Lady Amata Quentin Motzhart
Quartermaster: Mistress Sarah MacGregor
Chatelaine: VACANT
Historian: Lord Ebrahim al-Jabal
Constable: The Honorable Lord Olaf Lutherson

HARKEN YE!

Below is a tentative schedule of Shire activities for the month of July:

July 4 – Fighter Practice – TBA (Saturday)
July 8 – Populace Meeting – 7:00 p.m. – Aulds Library (Wednesday)
July 11 – Fighter Practice – TBA (Saturday)
July 18 – Fighter Practice – TBA (Saturday)
June 22 – A&S Workshop – 7:00 p.m. – Aulds Library (Wednesday)

NOTE: Please see the Shire website and Ardanroë Yahoogroup for updates.



POSITIONS AVAILABLE

The following Shire offices need Deputies: ALL (Seneschal, Minister of Children, Knight Marshal, Web Minister, Herald, Provost of RUGA, Exchequer, Quartermaster, Minister of Arts & Sciences, Chatelaine, Chronicler, Historian, Chirurgeon, Constable).

The following Shire offices are Open and Need Filling: Minister of Children, Chatelaine

The following Shire offices are Open but are in the process of being filled: Chirurgeon



SCRIPTORIUM SENDING

Their Royal Majesties need award scrolls. Below is the text to one of the many awards in the new Kingdom.

War Horn

Mighty are the warriors of the River Valley's Ram Army, and their strength is legendary throughout the Knowne World. One among Our Army has proven their dedication to Our Realm through their acts of bravery in defense of Our beloved Gleann Abhann.

So do We _____ King by right of Arms, and _____ Our chosen Queen, this day sound the War Horn to honor our subject _____ whose strength we will continue to call upon.

Done this ____ day of _____, A.S. _____ being _____ Gregorian.

Rex

Regina



CHRONICLER'S NOTE

The month of July I am away at night school (with an N not a K). Therefore I beg that Shire members please send me the notes of the Populace Meeting and Shire activities (A&S night, fighter practice, etc.) for the next issue of the Ardanrunes. You can send them to chronicler@ardanroe.org. Thanks!

-- Rory



TOWN FAIRE

Following the Shire's Populace Meeting on Wednesday, June 10, 2009, Part 2 of "Getting Started Autocrating" was held at the Aulds Library from 7:30 – 9:00 p.m. Amelia, Lorccán, and Eibhlín interesting in creating and submitting bids to autocrat Winter Wonders XXIV in January 2010 presented work they had done before the meeting for review and assistance from Dana, Sarah, James, and Rory, or started from scratch on a budget and ideas for the event. Melisant and Avalina looked at resources, supplies, and methods for lucet weaving. Everyone else socialized.

An Armor Workshop was hosted by Skallagrim at his home on Wednesday, June 17, 2009.

Avalina taught "Making Lucetted Cord" at the June 24th Shire A&S Workshop, held at the Aulds Library from 7:00 to 8:45 p.m. Twenty-two people (18 adults and 4 children) attended, fifteen (13 adults and 2 children) taking the class. Melisant provided a sign-in sheet. Avalina provided a handout describing how to make the cord in pictures and text. Olaf provided lucets which he had made out of various hard plastics and wood. Many people brought thread and/or yarn to wrap around the lucets to make the cord usable in drawstrings, lanyards, and friendship bracelets. The workshop also marked the return of Maximilian and the appearance of a long absent 'old-timer' from the 90's, Branwen Brynglas with her now teen sons, Tyler and Garrett. It was a fun night of filled with learning and catching up. Based on the renewed interest in fiber arts, Sarah will check to see if the first or third Wednesday of the month is available at Aulds Library for Fiber Night.

On Sunday, June 28 at three o'clock in the afternoon Prior Gilbert, Seneschal of Loch Bais, hosted a planning meeting for Kingdom A&S (September 19th) at his home in Natchitoches. Members of Loch Bais and Ardanroe attended to discuss event duties, etc.



FORTNIGHT

The Shire Populace Meeting was held on Wednesday, June 10, 2009 at the Aulds Branch Library in Bossier City. The meeting started at 7:00 and ended at 7:25 p.m. Dana ran the meeting as Seneschal. Sixteen adults (Dana, Sarah, James, Amelia, Avice, Symon, Ebrahim, Avalina, Amata, Danita, Lorccán, Giric, Eibhlín, and Melisant) and one child attended the meeting.

The Kingdom Calendar was quickly gone thoroughly and brief officer reports were given by Melisant (A&S), Ebrahim (Historian), Lorccán (Web minister), Amata (RUGA Provost), Sarah (Exchequer). The Knight Marshal, Constable, and Chatelaine were not present. Naalbinding will be the A&S project on June 24th.

There was no Old Business or New Business; however, as announced at GA Live Weapons Championship, Fall Coronation will be hosted by the Shire of Troll Fen.

Rory arrived at the close of the meeting to turn in a copy of the Ardanrunes as Chronicler to the Seneschal. He also passed out the neat laminated card-stock event flyers for Diamond Wars XXIV: Altan Orda, the Golden Camp, which were at GA Live Weapons Championship this past weekend.

The meeting was adjourned for Part 2 of "Getting Started Autocrating".



CARRIAGE CHATTER

Live Weapons Championship, June 5-7, Barony of Small Gray Bear

(Written by Rory ua Riada)

In the forty-fourth year of the Society and first weekend of June during the reign of Loric and Diana, eighth Crown of Gleann Abhann, the Live Weapons Championship for the Kingdom of Gleann Abhann was hosted by the Barony of the Small Gray Bear at Camp Taloha near Pine Bluff, Arkansas. At least 105 gentlefolk came to compete or watch the competitions for the Kingdom Yeoman and Sentry. Lady Yliria was the event steward. THL Katryne MacIntosh the Strange was the feast cook. Lord Kolskeggr handled reservations. Lady Tree was the chirurgion in charge.

The site opened at five o'clock the afternoon of the fifth of June. Travelers fare offered that evening included chili with and without meat, baked potatoes, and all the fixings. The Shire of Ardanroe was well represented that evening as Lorccán and Danita set up a tent and Giric and Eibhlín found beds in a cabin. Arriving Saturday morning for the day were Mistress Sarah and James. And late that morning did I make it to site.

Their Royal Majesties Loric and Diana and son, His Royal Highness William, arrived Friday evening. Their Majesties were accompanied by THL Deborah of Haleshaven and THL Aeduinn Hacke, two of their three-member entourage for the journey. I was the third. Baroness Barbara Sterling had made the journey alone, and was as such the secret fourth member of the entourage, documenting Their Majesties' travels. Prince William had several Marshin Fayne members as entourage for the trip.

The ranges for the archery and thrown weapons were in the field where the Fall Crown List had been held this past November. Targets for thrown weapons were set up Saturday morning. The range was open for practice followed by individual competitions in axe, knife, and spear, which were then followed by the Kingdom Sentry competition.

In the main hall, which had the kitchen, troll table, and dining area, the arts and sciences competition was set up at nine o'clock Saturday morning. Each person entering the Kingdom Yeoman and Sentry competitions was asked to enter or sponsor an artist's entry in the arts and sciences competition. Feedback was the focus of the judging and the Kingdom Judges Forms would not be used. Documentation was required but only needed to be minimal in details, answering the following questions:

What is the item? What is its purpose/function?

In what time and place was it found? What process did the artisans follow in period?

How did you make the item? Where did you find the information that you used to answer these questions?

The arts and sciences competition was coordinated by THL Alliessa Wallace. After the judges had made their evaluations Their Majesties and His Highness were asked to view and pick the entries to receive prizes during court.

Thorvaldr Skalli oversaw the thrown weapons competitions for axe, knife, and spear. Some of the individuals competing in one or more of the three individual thrown weapons competitions included Kenneth MacAndrews, Dhari al-Nasir al-Mosuli, Wulfram Forester, Baron Finn Normansson, James Cooke the Sinister, Dante, Geoffrey de Baston, and our own Lorccán na Tuaithe.

Wulfram Forester, the current Kingdom Sentry during the third reign of Havordh and Mary Grace, oversaw the competition for the new Kingdom Sentry. Competitors included Dante, James Cooke the Sinister, Avaline la Cheviere, Bridget O'Fallon, Geoffrey de Baston from the Shire of Smythkepe, Sean and Wulfram Forester from the Shire of Troll Fen, Aeduinn Hacke from the Barony of Seleone, Thorvaldr Skalli and Dhari al-Nasir al-Mosuli from the Barony of the Small Gray Bear. I also competed at the prompting of the crowd. I think there were actually twelve competing but do not recall the twelfth name.

For the individual weapons competitions the spear was thrown at a softer target composed of paper, cardboard and hay bales. This target bore the figure of a warrior in a very simple two-dimensional drawing of classic lines. But for the Sentry competition all weapons were thrown at the wooden target. This target was divided into

three sections worth 3, 2, and 1 point respectively. The dividing lines (thick black duct tape) would count as a negative 1 point when hit. Thus with skill, determination, math, and luck, throwing each weapon three times, you could have scored from -27 to 27 points.

Lunch followed the Sentry competition and was held in the main hall. Almost everything was on a stick – jalapenos stuffed with cheese, beef, chicken, vegetables, and fruit. Drinks were not on sticks but in large barrels at a nearby table. Chicken that failed to stay on a stick was served in dishes. And for the children there were also hot dogs on sticks.

The archery range opened after lunch with the competition starting about an hour afterwards. Two large round archery targets were used. At least seventeen competed in the archery including Kenneth MacAndrews from the Barony of Grey Niche, Bridget O’Fallon and Geoffrey de Baston from the Shire of Smythekepe, James Cooke the Sinister and Avaline la Cheviere from the Shire of Smythekepe, Wulfram Forester and Master Erik of Telemark from the Shire of Troll Fen, Aeduinn Hacke and Deborah of Haleshaven from the Barony of Seleone, Mistress Genevotte Villeneuve de la Fleche and Sir Rashid ibn Hilal from the Barony of the Small Gray Bear, Eibhlínn Nuinnsean and James en les Breres from the Shire of Ardanroe.

As with the live weapons, there were two archery competitions. The first was a general shooting for scoring with a possible prize from the Barony. The second was the Kingdom Yeoman’s competition. For this one, those competing shot in groups of four. This made it rather fun to watch, for though there was only one winner, some of the groups were composed of two couples, a husband and wife shooting against another husband and wife, and thus husbands and wives competing against each other on the range.

At the conclusion of the Yeoman competition, a Robin Hood shoot was held. Kenneth MacAndrews had brought a tube which was placed at the bulls-eye of the target. Archers competed to shoot multiple arrows into the tube, thus replicating the legendary results of Robin Hood. Many shot close to the outside of the tube, but few shoot arrows in the tube. Of those competing in this shoot, was a young lady from Ansteorra, who was equal, if not greater, in skill and speed of form as Kenneth.

In addition to the archery and thrown weapons competitions, children’s activities and a heavy weapons tourney were planned. Children’s activities were held in the old hall, a wooden building near the swimming pool. Several crafts were done during the day between ten o’clock that morning and four o’clock that afternoon. However, due in part to the summer heat, not many fighters brought their armor and the heavy weapons tourney was cancelled.

The Briar Rose, a replica of a ship which traveled to events with the Briar Rose ‘household’ was docked in the shade of the woods on the other side of the swimming pool. Rapier fighting was held there on an informal schedule. Closer to the field where the weapons ranges were set up, yet still in the shade of the trees on the side of the cabins, Hrothgar Fiscabana, Baron of the Barony of the Small Gray Bear, did woodworking demonstrations with lathe and draw horse. Of merchants there was at least one across the road from the main hall in more sun than shade with a mixed assortment of merchandise.

By four o’clock all of the live weapons competitions had concluded, giving a two hour window before court for all to relax. Aeduinn and Deborah saw to the set up of the thrones, banners, table, rug, and kneeling pillows for Their Majesties and the arrangement of thrones for His Highness and Their Excellencies of the Small Gray Bear. His Highness’ throne was to the right of His Majesty’s. Her Majesty’s throne was on His Majesty’s left and Their Excellencies’ thrones were to the left of Her Majesty’s with Her Excellency next to Her Majesty and His Excellency at the far left side. After filling in the scrolls for court, I departed so that Their Majesties could rest before the evening’s activities.

At five forty-five the entourage gathered outside the royal cabin. Mistress Sarah MacGregor was the court herald for the Crown and THL Melandra of the Woods the court herald for the Barony.

I entered the hall to play the role of the storyteller, reciting a brief synopsis of the day’s activities and foreshadowing what was to come in the future, as written by His Majesty. All of the storyteller tales would be entered into the great memory book that Baroness Etheldred NicEoghainn (called Dredda) made to fulfill her service from the Diamond Chalice silent auction; a service bought by Mistress Daphne.

Court began at six o’clock with words of welcome and praise from the Crown, the announcement by Prince William at Fall Coronation would be hosted by the Shire of Troll Fen, and the Oath of Fealty. The Baronial court was then opened.

Dia Ramberti was recognized with the Bear’s Paw with a scroll dated July 19 AS XLIII. It had been eleven months since Hrothgar and Brianna had seen Dia in court. Lord Peter the Bosun, also called Peter the Crusader, was recognized with the Bear’s Paw. Baroness Brianna announced that Peter was retiring and moving and would be sorely missed. Thus she sang a song in his honor. Peter received a belying pin which was massive and inscribed with the Award of the Bear’s Paw, date, and his name as special regalia, he explaining to the populace what a belying pin was on a ship and what size a ship had to be for so large of a belying pin.

THL Allesia Wallace presented two kneeling pillows the Barony had been commissioned to do during the first reign of Havordh and Mary Grace. These embroidered works of art were four years in the making and had been sewn by many hands throughout the Kingdom. The two kneeling pillows with a page of explanation were then presented to the Crown, who promptly replaced the old ones with the new in Their court. The Baronial court was now closed and Gleann Abhann court continued.

The children were summoned and presented with Robin Hood hats. This included five teens, one baby (Katryste MacIntosh's child Hunter), and Baron Soni at the whim of the Crown.

Any attending their first event were asked to come forth. Seven gentles, including our own Giric lögmaðr, received hand-stamped coins and were asked to turn around and wave to the populace, their new 'family'.

Thorvaldr Skalli was then summoned. He wished to announce the results of the thrown weapons tourney sponsored by the Barony. The winner of knife, axe, and spear throwing was THL Wulfram Forester. Prizes included a new knife, axe, and spear head. Wulfram reported to all that he won by just one point the knife and spear throwing but crushed Kenneth in the axe throwing (crushing everyone actually). Wulfram at this time also gave to the Crown the regalia of the Sentry. Thorvaldr was asked to stay and for his service to Barony and Kingdom received the Order of the Onyx Chalice.

Kenneth MacAndrews was then summoned and received the quiver of the Kingdom Yeoman to record his name upon an arrow and to add an arrow of his own. His predecessor was Malcolm Hogg, who was unable to attend this year. It was announced that while Kenneth had crushed all with his archery, THL James en les Breres had come in second using his crossbow. Kenneth joined the entourage behind the throne.

Arthur of the Twisted Wrench was then called forth. For his service to all in the kitchen, on vehicles, and in so many ways, Arthur received the Order of the Onyx Chalice.

Lady Yliria, autocrat, was then summoned. She had to leave the site during the day, during which time Camilla, Brandr Wyborn's wife, had stepped in as deputy. Lady Yliria was now back and thanked all for coming and gave brief announcements. She received the Order of the Silver Ram for her artistry.

THL Allesia Wallace was then called forth. She presented the results of the arts and sciences competition with prizes for the top entries as determined by Their Majesties and His Highness. Prince William's prize went to Master Erik of Telemark for his bow. Their Majesties' prize went to Mistress Genevieve Villeneuve de la Fleche for her elevation outfit, displayed upon a sewing manikin. Honorable Mention went to James en les Breres. King Loric thanked all for entering the arts and science competition not just at this event but at all events, and to those competing who sponsored artisans.

Sean Forester, dressed in Oriental garb, was summoned and named the Kingdom Sentry, receiving a sash which bore the names of each Sentry embroidered upon it. Sean would add his name to the sash under that of his father's. He was asked to join the entourage behind the throne and was given dispensation to bear arms in the Crown's presence as Sentry, Sean not yet having an Award of Arms.

Baroness Barbara Sterling was then called forth. She had held a guessing game, William Tell's apples, as fitting the theme of the event. The apples were green and red tiny 'pom-poms' and the guess was the total number, not of red or green, but both combined. The winner was Lady Myra of the Glen with the guess of 284. There were 288 and King Loric was over by one, with the guess of 289. M&Ms were given to Myra as the prize.

Lord Dhari al-Nasir al-Mosuli was then summoned. For his service to the Barony and Kingdom he received the Order of the Onyx Chalice. There being no further business, court was closed. It was forty minutes after six.

The hall was now prepared for feast with two round tables at one corner with chairs for those who could not sit on pillows upon the floor, the other tables low to the floor formed of round folding tables, the legs folded and placed on top of two benches lying on their sides the legs of the benches touching to form a square. All had been asked to bring pillows to sit upon and only their cup for feast gear. The tables were covered with red disposable table cloths upon which were placed large banana leaves as placemats and de facto plates. Each table had bottles bearing chai tea, lemonade, and minted water. The high table was placed along the length side of the hall across from the kitchen and was composed of two rectangular folding tables, folded and placed on the lying wooden benches, again, covered with the disposable red tablecloths and banana leaf plates.

The feast was a Hindustani feast and included the following dishes: Gul sherbet (rose ice) to cleanse the palate before feast; warmed cups of ghee and cool cups of chutney and pickles as condiments; slices of mango, grapes, banana and melon; hot papads; Masal Bona Badami Kaju (lightly spiced nuts); rice, Tali Machli (fried fish); Baigan Pakora (eggplant battered and fried); Angoor Raita (grapes in yogurt); Kache Piaz (fresh onion chutney); Murgh Shahad (chicken cooked in Indian spices and honey); Maharani Panch Rattan (five jewels or five pulses); Samosa Keema Peshawari (spice samosas); Lassi Nakeem (salt lassi); sweet mango pickle; Seekh Kebabs (lamb kebabs, originally to have been beef kebabs but lamb was on sale at a better price); Tandoori Suran (baked

yams); fried banana chips; Kheere Raita (cucumber raita); Dosai (pancake-like fried bread); Kheer (rice pudding); Jalebis (Indian funnel cake); Ananas Sharbet (pineapple ice); candied fennel seeds.

Toasts were given to the Crown, Heirs, and Baronage. Aeduinn, Deborah, and I enjoyed feast at the table with Baron Finn. “Woe is we,” proclaimed Deborah. “We are the entourage that had to sit on the floor and eat with our hands. However, on the bright side, we do not have royal dishes to wash!”

Giric and Eibhlín along with Lorccán and Danita sat at one of the chair tables and were joined by Thorvaldr Skalli, Brandr, Camilla, son Richard, and thus the newer members got to talk to older members outside the Shire and learn about the SCA. Eibhlín was also able to ask many questions regarding archery and live weapons and how to become a marshal.

Martin von Augsburg and Gwyneth Caerr were the hall stewards and oversaw the decorating of the hall, transforming it into India. Gwyneth had even made new outfits for Martin and herself to wear. Others who helped in the kitchen, in the hall, or outside in preparing food and cleaning dishes for the meals of the day included Arthur of the Twisted Wrench, Juan Carlos Santiago de Benevidez, Brendan MacSionnac, Myra of the Glen, Gawin der Fuchs, Richard (Camilla’s son), Tadpole and friends, Jennifer and other newbies, Elvis, Lady Tree, Master Finn Normansson, Jam Recaradiz, Lord Kolskeggr, Paul the Small and Christiana Breakspear, and John the Bellringer. Lady Medb and Brendan as godparents cared for Hunter through the feast preparation.

At the conclusion of feast, the cook was summoned to applause and cheers. The Crown opened court and presented Katryne MacIntosh the Strange with the Order of the Silver Ram for her artistry and creativeness in feasts. Court closed and feast was ended.

It was around ten o’clock when the hall had been cleared, the tables and benches stacked up against walls. James and Sarah departed for home, and I after a good talk and farewells to many friends in the ‘north’ of Gleann Abhann departed to the Holiday Inn Express nearby.



Lorccán watches Wulfram throw axe.



Lorccán throws spear at target not in photo.



Thorvaldr referees Wulfram and Kenneth in ax.



Queen Diana with entourage Deborah, Barbara, & Rory.



Sarah and James



Under the royal pavilion



James with crossbow, Wulfram, Geoffrey & James with bow



Couples shoot: Genevot, Rashid, Deborah, Aeduinn



Eibhlín, Master Erik, and Geoffrey with bow

Lilies War, June 12-21, Kingdom of Calontir

(Written by Rory ua Riada from the war missives received from Eduin the Younger)

THL James en les Breres attended Lilies War, representing Ardanroe at the Kingdom of Calontir's annual week long event. This year the theme was North vs. South within that Kingdom. Their Royal Majesties Loric and Diana attended with entourage including His Majesty's squire Lord Eduin the Younger, who sent several brief missives about the activities at the War. Lord Eduin arrived early to find a suitable site for the Gleann Abhann encampment. Their Majesties and Their Excellencies of Small Gray Bear arrived on Saturday. Later at the War, Her Majesty and Her Ladies-in-Waiting had a spa day with period exfoliating pedicures, sauna time, mud facials, and herbal wraps. Due to the weather the 10-point tourney was postponed. However, on Friday, both King Loric and Queen Diana fought in the noble castle battle, His Majesty taking a Duke as ransom in the field battle. That evening a spectacular fireworks show was held followed by a voyage in the Calontir Viking ship with Their Majesties and entourage as guests.

Birthday Bash, June 13, Shire of Loch Bais

(Written by Rory ua Riada)

At least seven members of the Shire of Ardanroe attended this one-day event held by the Shire of Loch Bais the third Saturday of June at the Wesley Foundation in Natchitoches, Louisiana, near NSU. Baron Grimbaldu Bacon was the event steward and Lady Elena Ivanova the head cook. Lady Marcilla le Despencer handled reservations. The event included Loch Bais' Shire Defender Tourney, and arts and sciences competition, and classes. Mistress Sarah taught a class on "Protocol and Precedence". Skallagrim was authorized as a fighter. Sarah, Skallagrim, Jera, Ebrahim, and Avalina had a lot of fun.



LESSONS IN HERALDRY

When registering a name or armory on occasion there is a conflict with one or more other people's names and/or armory. When there is a conflict with only one person, sometimes the suggestion to resolve the conflict is to request a Letter of Permission to Conflict. In fact, sometimes people submit a Blanket Letter of Permission to the SCA College of Arms so that anyone else who wants to register armory that is nearly the same as theirs can.

In our Shire of Ardanroe we have had at least one time recently when a Letter of Permission to Conflict was sought and obtained. That was for the registration of Medb's device. Currently we have a family who would like to have very similar armory and each needs to include a Letter of Permission to Conflict with each other.

Below are samples of Letters of Permission to Conflict from "**Appendix D: Suggested Standard Form Letters**" in the *Administrative Handbook of the College of Arms of the Society for Creative Anachronism, Inc.* dated January 24, 2009, <http://heraldry.sca.org/heraldry/laurel/admin.html>

Permission to Conflict

For Name

I, [Name], known in the SCA as ([Society name]) give [Name of submitter], known in the SCA as ([Society name of submitter]) permission for [his/her] name "[Submitted Name]" to be similar to,

but not identical to, my name, "[Registered Name]". I understand that this permission cannot be withdrawn once [name of submitter]'s name is registered.

[Date] [Signature of [Name]]

For Armory

I, [Name], known in the SCA as ([Society name]) give [Name of submitter], known in the SCA as ([Society name of submitter]) permission for [his/her] armory "[Blazon of submission]" to look similar to, but not identical to, my armory, "[Blazon of registered armory]". I understand that this permission cannot be withdrawn once [name of submitter]'s armory is registered.

[Date] [Signature of [Name]]

Blanket Permission to Conflict

For Name

I, [Name], known in the SCA as [Society name] waive the full protection of my registered name "[Registered name]". I grant permission to any future submitter to register a name that is (not identical to/at least a syllable different from) my registered name. I understand that this permission can be withdrawn by written notice to the Laurel Sovereign of Arms, but that conflicting items registered while it is in force will remain registered.

[Date] [Signature of [Name]]

For Fielded Armory

I, [Name], known in the SCA as [Society name] waive the full protection of my registered armory "[Blazon of registered armory]". I grant permission to any future submitter to register armory that is (not identical to/at least one countable step different from) my registered armory. I understand that this permission can be withdrawn by written notice to the Laurel Sovereign of Arms, but that conflicting items registered while it is in force will remain registered.

[Date] [Signature of [Name]]

For Fieldless Armory

I, [Name], known in the SCA as [Society name] waive the full protection of my registered armory "[Blazon of registered armory]". I grant permission to any future submitter to register armory that is not identical to my registered armory. I understand that this permission can be withdrawn by written notice to the Laurel Sovereign of Arms, but that conflicting items registered while it is in force will remain registered.

[Date] [Signature of [Name]]

Note that a blanket permission to conflict will under no circumstances allow the registration of identical names or armory.

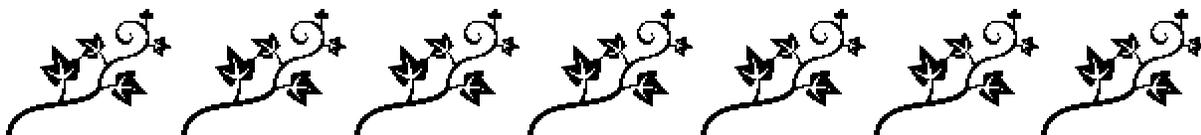
If you have a particular heraldry question you would like answered in "Lessons in Heraldry", please let me know! I may not know the answer but will try to find an answer that helps.

Maistir Rory



Academy of Performing Arts Class Schedule

Time	Euro 1	Euro 2	NE 1	NE 2	Bardic/Theatre	Lobby	Con room - 143
7:00 AM	Troll Opens		Troll Opens		Troll Opens	Troll in Lobby	Available for Changing into garb
8:00am	Wake the Snake - spinal warm up		Yoga of the Hatha Yoga Pradipika		Vocal Warm Up		
9:00am	Aengus Reel, Korabuscka, Trenchmore -	15th century Italian bassadanza	Dance & Drumming for those under 12	Intro to ME dance -	Fools, fooling, fools on stage, and fools clothing		
10:00am	Beginning English Country Dance -	Dance for those Under 12	Beginner ME drumming	Introduction to Persian Dance	Being Kingdom bard/Poet laureate - what does it mean? What do I do?	Documentation Review Station -Opens *****	Snacks and drinks all day
11:00am	Intermediate English Country Dance	Italian for Dancers -	Intermediate ME Drumming	Dance in Pre Islamic Egypt -	Performance practice for theatre and voice	Children's Activities Cont at Pool with Felt Bead making	
12:00pm	Lunch	DIAMOND CHALICE MEETING	LAURELS MEETING	Lunch	Lunch		Lunch
1:00pm	Pavanes & Almans	Entering Perf. Arts - with 4 PA laurels (bring your documentation for review!)	ME Jam Session - led by Sir Aengus & Baron Grimbaldus	Arabic footwork & Thobe Dancing -	Being a better bard	Documentation Review Continues till 3pm	
2:00pm	Bransles - ing with	Basic Recorder	How to be a better ME Performer in the SCA	Andalusian Dance	Commedia del Arte	Personalizing your performance	
3:00pm	15th Century Italian	Medieval music notation	A reasonable attempt for ME dancers	Intro to Ottoman dancing of the 16th century	Voice Support and Projection		
4:00 PM	Hole in the Wall - embellishments and sharking	Cascarde (16th century Italian)	Finger Cymbals -	Tunisian Technique and Costuming	Performance and dialogue, symbolism in the script -		
5:00pm		Break for Dinner		Break for Dinner			
6:00 PM		Dinner		Dinner		6:30 pm- PA Guild Meeting	
7:00pm	GA Variety Show						
8:00 pm - 12:00am	Ball	Ball	hafla		Bardic Circle		



THE ARDANROE HERBARIUM

(THL Rovena of Bri Leith, Column Editor)



Dill growing in Rory's herb garden (April 2009)

DILL

Dill (*Anethum graveolens*) is from the Carrot Family. Zodiac sign is Sagittarius and its planetary influence is Mercury. Its humors are warm and dry. Dill is an annual herb that originated in Eastern Europe and the Middle East. It has been naturalized in the Americas.

It usually grows between 19" and 49" tall. The leaves are pinnate. The stalk ends in abundant yellow umbels as large as 6" across. It looks like a broader version of fennel. Its chemical make up is 2.5 to 4% of essential oil and up to 18% fat oil. Dill oil can be extracted from the leaves, stems and seeds of the plant.

The flowering season is July through September. Do not grow near fennel or they will hybridize. Dill is a good companion plant for cabbage, onions, and lettuce. Plant in a protected area or you will need to stake the stalks to prevent wind damage. Dill loves the sun and prefers warm climates. It needs rich, moist but well-drained soil. If you want a constant supply, then reseed several times from the spring through the summer. Every ten days is a good measure. While it can be bought as a live plant, it is easy to grow from seed. Dill is one of the plants to use if you want to attract butterflies and ladybugs. Due to its height, dill makes a nice background plant. If you decide to grow it in containers then choose a deep one to accommodate the deep tap root. Since the plant can grow 3' tall, you will need to stake the stalks.

The seed is harvested by cutting the flower heads off the stalks when the seed is beginning to ripen. The seed heads are placed upside down in a paper bag then left in a warm dry place for about week. The seeds then separate from the stems easily for storage in an airtight container.

It promotes milk production in nursing mothers. Its beneficial effects on digestion have made it popular as a culinary herb. It is used as a tea to promote sleep and to combat flatulence and nausea. The Norse used it as a calmative to promote sleep. Its history as a cure for hiccups began in the 8th century with Charlemagne who used it at banquets for that purpose.

It is used to season sauces, fish dishes, salads, and any thing using cucumbers or tomatoes. In Vietnam, dill is the important herb in the dish cha ca. If using fresh, chop finely. Even better than a knife, use a pair of scissors to achieve the fineness you want. If using dry, grind them with salt in a mortar. The fresh plant has a delicate flavor; the seeds have a stronger flavor. In modern term logy, the seeds (**dill seeds**) are used as a spice, its fresh leaves (**dill**), and its dried leaves (**dill weed**), are used as herbs. Once dried, it can lose its strength rapidly. Today this problem is solved by freezing the fresh plant or freeze-drying the leaves.

It is also prized for its pleasant but spicy aroma. To maximize the aroma just soak the fresh plants in a bowl of water. If you steep them do not permit them to boil.

Fresh or dried, dill gives a feathery appearance to floral arrangements.

Although several twigs of dill were found in the tomb of Amenhotep II, they report that the earliest archeological evidence for its cultivation comes from late Neolithic lake shore settlements in Switzerland. Traces have been found in Roman ruins in Great Britain. The Bible states that the Pharisees were in the habit of paying dill as tithes. The Talmud requires that tithes shall be paid on the seeds, leaves, and stem of dill. To the Greeks the presence of dill was an indication of prosperity. In the Middle Ages it was used as a love potion and to keep witches away. Protection herb; aids in a clear mind and strengthen reasoning; used in blessings.

The name has many possible origins. It could be from the Norse *dilla* for “to lull” or the Anglo-Saxon word *dylle* for “to soothe”.

References:

- Beyer, Paul. *The Master Book of Herbalism*. Blaine, Washington: Phoenix Publishing, 1984.
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Gabriel, Ingrid. *Herb Identifier & Handbook*. New York: Sterling Publishing Co., Inc., 1979.
Hozeski, Bruce (translator). *Hildegard's Healing Plants*. Boston: Beacon Press, 1992.
Huson, Paul. *Mastering Herbalism*. New York: Madison Books, 2001.



RUGA DEGREE REGALIA COMPETITION

While judging for the RUGA Regalia/Logo is underway, it is time to begin the competition for the Honorary Degree Regalia/Badges. As a badge has already been designed for the Auditor Honorary Degree, this competition will seek designs for the Lector, Prior, and Philosopher Degrees.

Guidelines for entries:

Each design must be submitted in a 4 inch by 4 inch square. It can be any shape as long as it will fit in that square.

All submissions become the property of the Royal University of Gleann Abhann.

Include the following information with the design:

- Which degree your design is being submitted for
- Suggested medium that the design might be made of
- A written description/rationale of the design (not in heraldic terms)
- Color suggestions, if any
- Your contact information

A person/group can submit more than one entry. A person/group may submit an entry for one, two or all three honorary degrees.

The entries will be judged by the Kingdom A&S Officer, the RUGA Chancellor and any RUGA provosts that do not enter the competition.

All entries become the property of the Royal University of Gleann Abhann.

Deadline for submission is August 31, 2009.

Entries are to be submitted to the Chancellor:

- At an event
- Via email (See Regnum of *The Ambassador* or Kingdom website)
- Or by Snail mail (See Regnum of *The Ambassador*)

The winning entry will be announced in September 2009.



ON THIS DAY

Okay, so I am continuing with trivia facts regarding reigns as Crowns in Gleann Abhann. Some of these were mentioned at the Gleann Abhann Live Weapons Championship last month.

Gleann Abhann Firsts on the Kingdom Throne

First 'Foreign' Royal

Radu and Broinnfinn

- They not only had a County for reigning as Crown of Meridies but also a Viscounty for reigning as Coronet over the Principality of Gleann Abhann. And they were already Bestowed Peers, Knight and Pelican, respectively, and thus were also the First Bestowed Peers to reigns as Crown.

First DuchyPlus

Havordh and Mary Grace

- Their second reign as Crown of Gleann Abhann was after receiving a Duchy for reigning twice as Crown cumulatively anywhere in the SCA. Thus their second Gleann Abhann reign was their third cumulative reign, making them the first DuchyPlus.

First County

Uther and Kenna

- They had a Viscounty for reigning as Coronet over a Principality but were the first non-former Crown to reign.

First Non-Royals

Loric and Diana

- They were Bestowed Peers, Knight and Pelican respectively, but had never reigned as Crown over a Kingdom or Coronet over a Principality.

First Duchy

William and Onóra

- They were the Second to receive a County and will be the First to receive a Duchy for reigning as Crown only in Gleann Abhann.

- Maistir Rory