

ARDANRUNES

This is the October 2011 issue of the Ardanrunes, a publication of the Shire of Ardanroe of the Society for Creative Anachronism, Inc. (SCA, Inc.). Ardanrunes is an electronic newsletter only, available on the Shire of Ardanroe website. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright 2011 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors. All clipart in this issue is from Microsoft Word. Photographs of Pennsic War XL were taken by Lord Ebrahim al-Jabal{i-}. The deadline for submissions is the 25th of the month for the issue coming out the 1st of the next month.

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November 12	GA Fall Crown List – Tor an Riogh
November 19	Bordermarch's Autumn Melees – Bordermarch
December 10	Christmas Revel – Axemoor

ARDANROE OFFICERS

Seneschal: The Honorable Lady Avice of York	Chatelaine: Lady Evlaliia Sveneicha
Knight Marshal: Lord Skallagrímur Bárðarson	Constable: Lord Jurgis Bebra
Herald: Maistre Rory ua Riada	Historian: Lady Amelia Balentine
Exchequer: Lady Joya la Normande	Provost of RUGA: Lady Amata Quentin Motzhart
Minister of Arts & Sciences: The Hon. Lady Melisant of Exmoor	Quartermaster: Mistress Sarah MacGregor
Chronicler: Barun Rory ua Riada	Web Minister: Lorccán na Túaithe
Chirurgion: VACANT	Minister of Children: VACANT

HARKEN YE!

Below is a tentative schedule of Shire activities for the month of October:

October 9 – Fighter Practice/Pell Practice/Armoring – 2:00 p.m. – Skallagrímur's House (Sunday)
October 12 – Populace Meeting – 7:00 p.m. – Aulds Library (Wednesday)
October 16 – Fighter Practice – 2:00 p.m. – Duck Pond off King's Highway (Sunday)
October 26 – Shire A&S Night – 7:00 p.m. – Aulds Library (Wednesday)

Come walk the track at LSU-S every Tuesday in October at 6:30 p.m. with Skallagrímur and Travis.

Garb and other projects may also be worked on at fighter practice afternoons!

NOTE: Please see the Shire website and Ardanroe Yahoogroup for updates.



TOWN FAIRE

The first fighter practice of September was held the Sunday of Labor Day weekend, September 4th, at two o'clock in the afternoon at Skallagrímur's home. Sir Robert was the knight marshal of the day as Skallagrímur was out of town. Despite rain which gave a slippery lawn practice was held. Karn and Paul the Small fought. Guðrún, Rory, Paul's Uncle, and Candace #1 watched the fighting from the coverage of the carriages and carport.

The final trailer day of the summer was held Saturday, September 10th at Avice and Symon's farm. Due to the extended cooler weather in the mornings, folk gathered at ten o'clock instead of eight o'clock in the morning at the farm. The Shire's trailer and Kingdom's trailer were unloaded and reloaded, now that Pennsic War XL and Axemoor Baronial Investiture were over and all items taken to Pennsic for the Kingdom and royal court had been returned to the royal personages. Hearty spaghetti was prepared by Avice and Symon with side dishes from the Shire members. All of the origami for the largesse derby at Kingdom A&S were delivered to Avice to take to that event the following weekend. Stories of Pennsic and Baronial Investiture were recounted. Attendees that morning included Avice, Symon, Gunther (Bryan), Celestria (Tonya), Skallagrímur, Evlaliia, Guðrún, Rory, Jurgis, Joya, Godric, Branwen, and four kids (Tyler, Garrett, Baby James, and Brittany).

The Sunday, September 18th fighter practice and garb work at Skallagrímur and Evlaliia's house was a jam-packed afternoon full of people, good cool weather following early and mid-morning showers. Seventeen adults and two teenagers attended (Guðrún, Evlaliia, Tonya, Joya, Branwen, Candace #1, Candace #2, Bryan, Godric, Skallagrímur, Symon, Karn, Jurgis, Akimoro, Will, Sir Robert, Rory, and the teens Tyler and Garrett). Most of the ladies did garb work inside while most of the guys fought outside.

The Shire A&S Night Wednesday, September 28th, at the Aulds Library was an eventful class given by Sir Robert on 'Manorialism'. The class covered 'patronage' and the Roman Patronage System, its recreation that led to the German Feudal System, that began its decline with the First Crusade which placed greater emphasis on money than trade of other commodities (like livestock and crops). The evening ended with a discussion on SCA recreation of the feudal system based on Victorian ideals and what those present expected of Peers. In addition to Sir Robert as instructor of the class, others in attendance included Joya, Jurgis, Evlaliia, Skallagrímur, Bryan, Tonya, Amelia, Rory, and Candace #1. The A&S Night ran from seven to eight-thirty that evening.



CORRECTION

The August issue of *Ardanrunes* reported eighteen teenagers attending the July 13, 2011 Library Demo for the end of the Summer Reading Program at the Historic Research Center of the Bossier Central Public Library on Beckett Street. There were actually twenty-eight teenagers who were awed and amazed by the Shire's demo of crafts, clothing, food, dance, and martial activities.





THE ARDANROE HERBARIUM*****
(THL Rovena of Bri Leith, Column Editor)

CLOVE

Cloves are of the Myrtaceae family and their scientific name is *Syzygium aromaticum*. It gets its English name from the Latin *clavus* meaning nails because of the buds irregular shape. Other names for cloves you might see in medieval texts include 'giroflie' (French), 'Gewürznelkenbaum' (German), 'cravo-da-Índia', 'cravo-das-molucas', 'cravo-de-doce' (all Portuguese), 'árbol del clavo', 'clavero giroflé', and 'clavo de olor' (Spanish).

15% to 20% of the dried buds are essential oils. 72% to 90% of the essential oil is eugenol that gives cloves that distinctive aroma. Other important chemicals found in the essential oil include acids (categoric acid, gallotannic acid), beta-caryophyllene, vanillin, tannins, the pain killer methyl salicylate, flavonoids (eugenin, kaempferol, rhamnetin, eugenitin), triterpenoids (oleanolic acid, stigmasterol, campesterol), and several sesquiterpenes.

Cloves' ruling planet is Jupiter.

The native range for cloves include Madagascar, India, and Malaysia but it has been commercially grown in Brazil, Sumatra, the Philippines, and Jamaica. Cloves prefer a steamy climate.

The clove is a woody evergreen that can grow to between 15 and 30 feet tall. The trunk divides into large branches. The bark is smooth and gray. The squarish leaves are about 5" long, glossy green, veined and sometimes hairy. The flowers clusters range in color from white through peach pink to red-tinged. The flower buds start out a pale color, slowly turn green then turn bright red. They are ready for harvest when they are bright red. The unopened bud is the only commercially valuable part of the tree.

WARNING: The main ingredient in clove essential oil is eugenol that can be toxic in amounts as small as 5 ml. Skin irritation or other allergic reaction can result from contact with clove oil.

Cloves' medicinal properties include being a moderately strong germicide, an anti-oxidant, a stimulant, an antiseptic, and an anesthetic. Cloves have many uses in dentistry. It has long been used to deaden the pain of a toothache by placing a bruised clove (whole) in the mouth and holding it in the area of the pain. Other dental uses include mixing clove oil with zinc oxide for use as a temporary filling and using cloves to disinfect root canals.

Various skin disorders such as acne, skin irritations, skin sensitivity, and severe burns are treated with clove oil. Hypotonic muscles such as multiple sclerosis are treated internally with clove oil tea and externally with a topical application of the oil. If you suffer from pitta inflammation, consult your physician before using clove oil internally as it may cause acute flare-ups of autoimmune diseases.

Medicinal uses that research has not supported include mosquito repellent and fever reduction. The jury is still out on whether it is effective in reducing blood sugar levels.

The original use of clove-studded pomanders was to ward off diseases.

Cloves can be added to steam bath for any type of skin.

Cloves have such a sharp, distinctive flavor that when they are used how they are generally removed before using the dish. The buds are used either whole or ground. Because cloves can discolor the food they are seasoning,

the clove oil can be substituted for ground cloves because the oil is clear. Although cloves can be used in either sweet or savory dishes stocks made with onions benefit from the addition of cloves. Cloves pair well with vegetables like beets, carrots, rhubarb, prunes, cranberries, green beans, and squash and with dishes such as split pea soup, mixed winter fruit salads, fruit compotes, pickling brines, marinades, meat stews, cakes, puddings, mincemeat, spiced teas, and mulled beverages.

Cloves are commonly found in Scandinavian, Russian, Greek, Indian, and Chinese cuisine. In Mexico, cloves are combined with cumin and cinnamon. Cloves are found in Dutch cuisine due to the influence of Indonesia. A common Dutch use of cloves is in cheeses. .

Its distinctive aroma lends itself to use as a fragrance especially when paired with fruit. Cloves are an ingredient in many types of incense especially in China and Japan. A traditional air freshener and moth repellent is a clove-covered pomander. This is still a Christmas in many European households.

Clove cigarettes have had a loyal following throughout Asia, Europe, and the United States. Although outlawed in the United States in 2009, they continue to be sold under names such as “filtered clove cigars.”

The earliest known domestication of cloves was in the Spice Island (historically) aka the Maluku Islands. Cloves were found in a Syrian ceramic vessel that was dated to 1721 BCE. A famous quote from Pliny the Elder is "there is no year in which India does not drain the Roman Empire of fifty million sesterces". Ibn Battuta mentioned the clove trade with Europe. Even Sinbad the Sailor bought and sold cloves. The Treaty of Tordesilla and a separate treaty with the sultan of Ternate gave the clove trade to Portugal. Shut out of the Indian Ocean trade route, Spain sought other routes using men such as Christopher Columbus and Ferdinand Magellan. By the 1600s, the trade was dominated by the Dutch. Since no new routes were left to be found, France succeeded in introducing the clove tree to Mauritius in 1770. This led to the introduction of clove tree to Zanzibar, the West Indies, Guiana, and Brazil.

References:

Huson, Paul. *Mastering Herbalism: A Practical Guide*. 1st Madison Books Edition. Lanham, MD: Madison Books, 2001, 1974.

Kowalchik, Claire, Hylton, William H., and Anna Carr. *Rodale's Illustrated Encyclopedia of Herbs*. Emmaus, PA: Rodale Press, 1987.

Wikipedia. <http://en.wikipedia.org/wiki/Cloves>



FORTNIGHT

The Populace Meeting was held on Wednesday, September 14 at the Aulds Branch Library. The meeting was called to order at seven by the Seneschal, Avice. Nineteen adults attended the meeting (Amata, Amelia, Jurgis, Akimoro, Symon, Bryan, Tonya, Dana, Joya, Skallagrímr, Ebrahim, Avalina, Sir Robert, Candace #1, Avice, Evlaliia, Rory, Candace #2, and Will), and one child (Baby James).

Officer reports were given by the officers.

Evlaliia as Chatelaine reported she has had lots of emails with people interested in finding out about the SCA. Tonight there are two more brand new folk – Will and Candace #2. Candace #1 attended fighter practice on the 4th. Everyone went around the room introducing themselves.

Rory reported for Lorccán the webminister that Permission to Publish Personal Information forms needed to be completed by all officers and sent to Lorccán . Rory passed around copies for officers to fill out.

Rory as Herald was happy to report that Jurgis' device and badge and Amata's badge were in the Gleann Abhann August LoI and so far all comments are good – no conflicts yet. Sadly Skallagrímr's device change, Symon's device and Joya's badge were returned in September (distributed return letters with supplemental materials). Guðrún's name is in internal commenting at Kingdom right now and looking good.

Rory as Chronicler reported the September issue of the *Ardanrunes* is on the website thanks to Lorccán. A paper copy was given to Avice.

Amata as Provost is working on classes for Winter Wonders. Skallagrímr reported that Michael atte Harp has volunteered to teach a class on “the effect of the New World on the Old World.”

Amelia is looking for a volunteer to teach a class this month at Shire A&S Night (September 28). Sir Robert volunteered to teach one – yeah!!

Amelia as Historian reported that Baroness Barbara gave her a suggestion for her event reports. She will pass around paper for everyone to write down what they remember from an event and then compile it.

Joya as Exchequer reported that the Shire has money, roughly \$6700.

Skallagrímr as Knight Marshall reported that fighter practice is this Sunday at his place at two o'clock.

Old Business:

Sir Robert has investigated the Shire's two coffee pots. The bad news is that one pot and one cord do not work. When the non-functioning cord is placed on the good pot, the good pot will not work. The good news is that we do have one working coffee pot and one working cord. All present approved disposal of the non-functioning coffee pot and non-functioning cord. The perfectly usable innards and lid of the non-functioning coffee pot were retained for use in the good coffee pot as needed.

Avice thanked everyone for coming to Shire Trailer Day.

Skallagrímr as autocrat for Winter Wonders has tested the 'ships' for battle at the event at the last August fighter practice. They work! The next question is whether to hold a TOC qualifying tourney at Winter Wonders or find another event to hold during the year to hold the TOC qualifying tourney at. Per discussion the thought is to have the TOC qualifying tourney in the morning and the 'ship' tourney in the afternoon. The Friday torchlight tourney will be dropped as it was a lot of work and did not get enough participants. In addition to the class by Michael, other classes are being looked for. There will be a Regional A&S Faire. There will also be a Best Grog Contest (favorite rum-based cordial).

Avice and Symon are going to Kingdom A&S this weekend. Rory has given them a lot of items for the Largesse Derby. Anyone having any other entries that they would like taken to the Faire, can give them to Avice and Symon to take.

At the last populace meeting there was a brief discussion on investigating alternative dates and locations for Shire meetings due to conflicts several members have with Wednesday nights. Tonya reported on her research at Bossier Central Library – primarily Mondays and Thursdays open. Aulds Branch Library currently does not have a free night. Further investigation is called for.

New Business:

Skallagrímr has checked investigating the possibility of having a summer event next year. The Wesley Center in Natchitoches can be rented for \$200 for a one-day event. It has air conditioning inside and a place to fight outside. The group could offer sandwiches as a potluck lunch with an ice cream social in the afternoon.

Closer alternatives are Shady Grove Community Center, which was used for the Shire's one-day 30 years celebration – with indoor air conditioning and shaded outdoor fighting area, and Mike Woods Park with the covered pavilions with electricity that can be rented and area for fighting. Shady Grove may be \$100 and Mike Woods may be \$50 to \$100.

Suggestion was also made to possibly look at holding a regional fighter practice at Mike Woods Park.

Announcements:

Avice announced that the Crown has awarded the bid for Kingdom Fighter Collegium (last weekend of February 2012) to the Shire of Vogelburg. It will be held at Chicot State Park.

Avice went over the Kingdom Calendar for the rest of September and beginning of October.

Sir Robert may day-trip Kingdom A&S.

Slay the Dragon is the last weekend of September (next weekend) and will be held at Group Camp #2 at Lake Bistineau State Park.

The meeting was adjourned at eight o'clock.



CARRIAGE CHATTER

Pennsic War 40, July 29-August 14, Kingdom of Aethelmearc

Avice, Symon, and Ebrahim attended the 40th annual Pennsic War in the state of Pennsylvania. During Gleann Abhann court, Symon received a Grant of Arms and Avice received the Condatis for support of the entire Gleann Abhann Army at Pennsic War. Yes, while other members of the Gleann Abhann populace fought with their friends and households in other Kingdoms' armies, the war supplies of those fighting as the Gleann Abhann army were all brought to Pennsic by Avice. Avice received a promissory scroll for the awards created by Duchess Mary Grace with crayons on wayward parchment.



Gleann Abhann Royal Pavilion



Sail Ho!



Battlefield



Shopping

Axemoor Baronial Investiture, August 26-28, Barony of Axemoor

The Investiture of Gellir Gunnarson and Brigida Ingvarsdottir as the eighth Baron and Baroness of Axemoor were held the last weekend of August at the Woodsmen of the World Camp in Hattiesburg, Mississippi. Evlaliia worked in the kitchen all day. Karn fought in the tourney and oversaw the children who served drinks during feast. Medb, Avice, and James were entourage to various royalties whilst Symon took care of Baby James.

Gleann Abhann Kingdom Arts and Sciences, September 16-18, Shire of Iron Ox

Medb, James, Avice, Symon, Baby James, Sir Robert, and Candace #1 attended the Kingdom Arts and Sciences Fair the third weekend of September at the Cabot Lodge near Milsaps College in Jackson, Mississippi hosted by the Shire of Iron Ox. During the morning court, Frederick Alton was surprised when it was announced that he was to be placed on vigil for elevation to the Pelican. Amelia van Hemessen, whose announcement of future elevation to the Laurel was made at Academy of Performing Arts, was also placed on vigil at this time.

Avice entered the Arts and Sciences. The Kingdom Champion of the Arts was Mistress Jane Beaumont. The three winners chosen to represent Gleann Abhann at Gulf Wars were the "Choir" conducted by Lord Ian, THL Avice of York with her hedgehog subtlety, and Sir Loric for his metal and leather work belt.

The Shire of Ardanroe was also represented in the Largesse Derby with 144 or more pieces of origami made by Rory, Skallagrímr, and Bryan, brought to the event by Avice and Symon. Mistress Crystyna Hyrundo, who had hand sewn and embroidered 12 gorgeous Bayeux Tapestry inspired pouches won the Largesse Derby overall prize. Isabel of Winterbourne won the Crown's Choice for submitting five separate entries, each immaculately made, including sweets bags, veil pins with cases, scented sachets, lavender oil, and leather necklaces.

During the day the Companions of the Silver Lamp held a silent auction to benefit the Kingdom newsletter, *The Ambassador*. They had 37 items to bid on and raised \$678.30. The Order of the Chivalry held a meeting, which was attended by Sir Robert.

In addition to the results of the Arts and Sciences Faire and the silent auction, beautiful scrolls were presented for the awards given during Pennsic, the Grant of Arms to Symon and Condatis to Avice. The Shire of Ardanroe also received in court that evening the Argent Keystone.

Slay the Dragon, September 23-25, Shire of Vogelburg

The Shire of Ardanroe had the largest turnout of members attending the Shire of Vogelburg's annual event, Slay the Dragon. Held the last weekend of September at the smaller group camp at Lake Bistineau State Park, for many it was their first SCA event. Classes on Mongol Boot-Making and Ring-Making from Silver Coins were held inside the hall. A team tourney to slay the dreaded dragon and a single combat tourney to determine a Defender of Vogelburg were held outside. Of a list of nine combatants with Mistress Sarah MacGregor as the list minister, Sir Grimbaldus Bacon was victor and the new Defender of Vogelburg. The final bout was best two out of three in sword and shield, pole weapon, and single sword in your off hand. The tourney itself was run as a best two out of three for each bout and as a double-elimination tourney. The nine combatants were well worn out by the end.

The team tourney against the dreaded dragon was won by the Magic Fruitcake Brigade. Each team had three or two members. The Magic Fruitcake Brigade was composed of Sir Grimbaldus, Akimoro, and another lord.

Attendees for the day or weekend, some but not all staying for feast that evening, from Ardanroe included Bryan and Tonya, Sir Robert and his wife THL Tangwystl, Skallagrímr and Evlaliia, Karn, Branwen and Godric and the boys Tyler and Garrett, Joya and Jurgis, Candace #1, Stephanie, Dana, Medb, Mistress Sarah, and Paul the Small, who now lives in Ardanroe while attending graduate school. Avice and Symon with Baby James made a quick stop for a throne exchange with Chancellor Medb.

