

ARDANRUNES

This is the February 2011 issue of the Ardanrunes, a publication of the Shire of Ardanroe of the Society for Creative Anachronism, Inc. (SCA, Inc.). Ardanrunes is an electronic newsletter only, available on the Shire of Ardanroe website. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright 2011 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors. All clipart in this issue is from Microsoft Word. The deadline for submissions is the 25th of the month for the issue coming out the 1st of the next month.

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Calendar of Events

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February 5	Candlemas – Grey Niche (One-Day)
February 12	Historical Romance – Blackwood
February 14-21	Estrella War XXVII (Atenveldt)
February 19	Axemoor Baronial Championships - Axemoor
February 26	GA Fighter Collegium & War Practice – Dragoun’s Weal
March 13-20	Gulf War XX
April 2	Plunderers & Privateers – Iron Ox
April 9	GA Spring Coronation – Axemoor
April 30	Forest Maiden VII – Blackmoor Keep

ARDANROE OFFICERS

Seneschal: The Honorable Lady Avice of York
Knight Marshal: Lord Skallagrímur Bárðarson
Herald: Maistre Rory ua Riada
Exchequer: Lady Joya la Normande
Minister of Arts & Sciences: The Hon. Lady Melisant of Exmoor
Chronicler: Barun Rory ua Riada
Chirurgion: VACANT

Chatelaine: Lady Evlaliia Sveneivicha
Constable: Giric l{o,}gmaðr
Historian: Lady Amelia Balentine
Provost of RUGA: Lady Amata Quentin Motzhart
Quartermaster: Mistress Sarah MacGregor
Web Minister: Lorccán na Túaithe
Minister of Children: VACANT

HARKEN YE!

Below is a tentative schedule of Shire activities for the month of February:

February 6 – Fighter Practice – 2:00 p.m. – Darkhorse Farms (Sunday)
February 9 – Populace Meeting – 7:00 p.m. – Aulds Library (Wednesday)
February 13 – Fighter Practice – 2:00 p.m. – Darkhorse Farms (Sunday)
February 20 – Fighter Practice – 2:00 p.m. – Darkhorse Farms (Sunday)
February 23 – Shire A&S Night – 7:00 p.m. – Aulds Library (Wednesday)
February 27 – Fighter Practice – 2:00 p.m. – Darkhorse Farms (Sunday)

NOTE: Please see the Shire website and Ardanroe Yahooogroup for updates.

POSITIONS AVAILABLE

The following Shire offices need Deputies: Herald



TOWN FAIRE

Fighter practice was held at Darkhorse Farms starting at two o'clock in the afternoon on the following Sunday's in January – 2nd, 23rd, 30th. Practice was not held on the 9th due to icy rain or the 16th due to Winter Wonders XXV. On January 2nd the attendees at fighter practice were Skallagrímr, Evlaliia, Sir Robert FitzHugh of Bannockburn and his lovely lady, Alys of Dale, Melisant, and Lorccán. On January 23rd instead of fighter practice the attendees cleaned the Shire trailer. The attendees on the 23rd were Skallagrímr, Evlaliia, Sir Robert FitzHugh of Bannockburn and his lovely lady, Alys of Dale, and Melisant.

The January Shire A&S Night was held on the 26th at the Aulds Library starting at seven o'clock and ending around eight-thirty in the evening. The hands-on class was 'How to skirt and wash raw wool'. THL Melisant distributed a handout on 'Washing Fleece' (http://www.fuzzygalore.biz/articles/wash_fleece.shtml). While not everyone took part in the class, attendees at A&S Night were Melisant, Amelia and her newborn baby girl, Jurgis, Joya, Amata, Skallagrímr, Evlaliia, Lorccán, and Rory. Lorccán introduced a newcomer, Julia Applegate. Amata got to show everyone the beautiful Onyx Chalice award scroll she received at Winter Wonders and Joya processed many Winter Wonders reimbursements.



THREES

The second and third of the threes have come to pass. The Shire of Ardanroe is pleased to welcome in two brand new members, James, born to Symon and Avice on Wednesday, January 5, and Zoe, born to Amelia and Tim on Friday, January 7. Both sets of parents and newborns are doing great.





CARRIAGE CHATTER

Amata's Trip to Christmas Revel

(Written by Amata Quentin Motzhart)

Hi! I just wanted to tell you about Christmas Revel. The trip was great! I found two stuffed Tiggers on the way for work.

I have a funny story to tell. I was staying in the infirmary and there is a window. I woke up around 7:30 a.m. and I noticed the window was still dark. I thought that my cell phone was acting up so I went back to sleep. I woke up again at 10:30 and the window was still dark. I thought that I slept the whole day and missed the event!! So I went to the window and DUH!! It was looking into another room!! So I did not miss the event and it was still morning. Talk about confusion.

I had a little pastry for breakfast. It had some baked apples on it and it was really good. I did some shopping and got a Coif and a head scarf. Also I got a red caplet and a fox skin and two pouches. The fundraiser was really good. The lunch was BBQ chicken sandwiches and chips. I got the one with the light BBQ sauces and Lay's potato chips. The afternoon was largely spent on a class on Embroidery. I found out that I already knew some of the stitches!! I did some sewing on a badge and I used a running stitch on it. It was a lot of fun and I asked the teacher if she would like to teach a class at WW. She said that she would be in attendance at the event if the surgery that she is going to have went well. I learned about 10 different stitches and have a sampler with the stitches on it.

After the class, there was court. Morgana and His Highness were there at court. Their court was pretty brief. The Baronial Court was very long as there were a lot of awards given to the Populace of Axemoor. They have been a really busy barony!!! There were several inductions of members of the Populace into various orders. It was very interesting. There was a brief break and the court continued. There was even a brief court held during feast. Several awards were given to deserving gentles and the Baron, Charles and Baroness, Martha both cried during some of the awards.

Feast was good and had a Russian theme. The first remove was fish with cheese and bread. The next remove was a salad with duck. Venison was the next remove. I enjoyed the different tastes of the different kinds of meat. Dessert was at an after feast party. I stayed and helped dried the dishes and platters in the kitchen. It was midnight before I went to bed. I was amazed at the different rooms at the King's ranch. Everywhere, there were rooms with beds in them and sitting areas too!!

The next morning was very cold. I kind of wished the front came in the day before as it was almost hot with the costumes and such. I did not attend the fighting so I don't have anything to report on that. There was also archery and Morgana was impressed with the skill of the archers.

Medb drove me down there and back. We had a chance to talk and she was very gracious and chivalrous. She even helped me with my stuff. I am looking forward to going with her for another trip to an event. I even tortured her with some really bad puns!! All in all, it was a really fun event. Axemoor knows how to hold a great event!!

Fashion Academy, January 22, Barony of Axemoor

(Written by Rory ua Riada)

The first Academy of Fashion and Design event held in the Kingdom of Gleann Abhann was the brainchild of Master Charles Pierre de Bourbon, Baron of Axemoor and Companion of the Laurel. The event was hosted by the Barony of Axemoor and sponsored with the Royal University of Gleann Abhann (RUGA). The event was one-day only and held at the Eagle Ridge Conference Center in Raymond, Mississippi, just west or southwest of Jackson on Saturday, January 22nd. Arrangements were made so those attending could stay at the Conference Center Friday night and depart for home Saturday following the end of classes, or stay over Saturday night leaving for home Sunday.

The troll (registration) table opened at eight o'clock Saturday morning. Lady Adalyde de Sardigne, Baronial Reeve, oversaw troll, which was set up in the lobby in front of the double-doors leading to the conference center wing of meeting rooms. Five rooms were booked for the event classes – Eagle Wing (Early Period), Mallard (Middle Period), Eagle Way (Late Period), Auditorium (Eastern and Miscellaneous), and Tallon (Mechanics). The Tallon room was the only one not in the meeting room wing. It was located one floor above, accessed by stairs or elevator from the lobby.

Opening comments were held in the Auditorium with welcomes from the Baron and Baroness of Axemoor, Charles and Martha, and Her Royal Highness of Gleann Abhann, Muirgen. Other news and discussion occurred there prior to the start of classes in all five rooms.

Over 30 classes were offered, all but two being one hour in length. The rooms and the classes within were: Eagle Wing – Taking your t-tunics to the next level (Baroness Martha); Variations on the Viking apron dress (Mistress Brigit); Embroidery I, II, and III (3 one-hour classes by Lady Olrun); Roman done right (Mistress Rosalind); The Bliaut (a two-hour class by Countess Kenna).

Mallard – 14th century Women's dress accessories (Duchess Brenwen); The Merovingian Belt (Dame Etheldred aka Dredda); 14th century textiles (Mistress Gwyneth); Trim weaving (Eowyn); 14th century Men's Cotehardies (Mistress Gwyneth); 14th century Women's Cotehardies (Mistress Gwyneth); Burgundian Clothing (Baroness Martha).

Eagle Way – Russian Costuming (Mistress Anastasia); Hatmaking 101 (Mistress Alysia); 16th century Flemish working class (Duchess Mary Grace); Late Period Construction Techniques (Don Ryan); Southern German Gowns aka The Augsburg Gown (THL Elene); Russian Embroidery (Mistress Anastasia).

Auditorium – Overview of Non-European Fabrics (Mistress Rosalind, Sheikha Mahsheed, Lady Broinninn); Transitional Tudor: Clothing from the 100 Years War (Duchess Mary Grace); Mongol Boots (THL Motan); Making a Kasode (Lady Sugihara); Late Period Persian Women's Clothing (Sheikha Mahsheed); Heian Women's Clothing (Lady Sugihara); A Hands-on Approach to Smocking (a two-hour class by Lady Genevieve).

Tallon – Turning Modern Patterns into Period Clothing (Mistress Alysia); Sewing 101 (Lady Sarah Tereza); Period Handsewing Techniques (Countess Kenna); Machine Embellishment (THL Katil); Draping a Body Block (Master Charles); Early Period Pattern Drafting (Countess Kenna); Late Period Pattern Drafting (Don Ryan); Getting to Know your Sewing Machine (THL Katil).

The classes concluded at four-thirty. Closing comments were held in the Auditorium with thanks, updates, and farewells from Princess Muirgen and the autocrat, Master Charles. Promises of a second Academy of Fashion and Design at the same location at some time next year with even more classes in more rooms were made. Lady Olrun had raised \$50 from her three Embroidery classes towards funding for next year's Academy event. Mistress Jane had a silent auction table to raise funds for food for the troll station at Gulf Wars, which rose over \$200. 'Happy Birthday' was sung by the attendees to Master Charles, whose birthday was Sunday. Many photos were taken by Baroness Barbara, Kingdom Historian, but there was no guessing game.

Eighty-five people attended the event. A future CD of the class handouts was planned as a fundraiser for next year's Academy and to give those who attended but could not be at every class, and those who were not able to attend, the chance to have as many of the class handouts as possible. Instructors were asked to send their handouts electronically to Master Charles to burn to CDs if the handouts were electronic or could be scanned. At five o'clock the event was over and the attendees dispersed to home, dinner, rooms, or a mix of all three.

Being the first time this event was held there were a couple of 'oops' items. No time was given between classes for instructors to set up or pack up their presentations, or for attendees to move from classroom to classroom. A lunch break was not scheduled, so everyone was highly likely to miss one hour of classes at some point. Food and drink were not allowed in the meeting rooms by the Conference Center so lunch had to be eaten in the lobby, hotel rooms, vehicles, or restaurants. The nearest restaurant was Sonic, but there was a Subway not too much further taking a different road. The event was garb-optional, which led to a mix of fully garbed, partially garbed; SCA t-shirt garbed, and completely mundane garbed attendees and instructors. The Eagle Ridge Conference Center (ERCC) did provide ink pens and a note taking brochure about the ERCC in all of the conference meeting rooms. This was helpful if your ink pen from home ran out during a class.

Attendees came from all four states in the Kingdom and all four corners, Smythkepe, Grey Niche, Blackwood, and Seleone. All four Baronies were represented and possibly one-third if not half of the Shires. Laurels present, whether teaching or attending classes, included Mistress Arielle de Brabazon, Mistress Brigit Olesdottir of Loch Ree, Mistress Alysia Gabrielle de Fougères, Mistress Jennet of Tewkesbury, Mistress Rosalind bint Mihrimah, Mistress Margot du Bois, Master Charles Pierre de Bourbon, Dame Etheldred NicEoghainn, and Mistress Gwyneth

Carr. Pelicans present included Mistress Diana of the Isles, Master Loric Silvestris, Mistress Crystyna Hyrundo, Mistress Jane Beaumont, Master Rory ua Riada, Mistress Mary Grace of Gatland, in addition to those previous named within the Laurels who were double-peers. Of the Chivalry, I only saw Sir Loric Silvestris, but others may have come and attended the war practice held from nine o'clock to four o'clock at the Brighton Park in Clinton, Mississippi, a few miles west of Raymond, by the Shire of Iron Ox.

I arrived Saturday morning, checking in at the conference center at eight-thirty, changing in my hotel room, and slipping in half-way through the Russian Costuming class. I had almost driven into the site with Mistress Jane, but I turned to fill up the gas tank at the Shell station near the Sonic. Melisande and Finian from Loch Bais were parking when I arrived. I was one of the partially garbed with tunics and belt pouches and blue jeans and sneakers. In addition to the Russian Costuming class, I attended the Merovingian Belt, 14th Century Textiles, and Roman Done Right. I even won one item I bid on in the silent auction. At eleven-thirty Jennet and I made a Sonic run bringing food back for Dredda, Martha, and Morgan, another lady of Axemoor. Brighid O'Fallon, my Smythkepe protégée had made the trip with two others from her Shire Friday (Janice, a new member who was now their A&S officer, and Aveline) and I got to spend quality time with her during the day Saturday, before they left to drive back to Smythkepe that night. Saturday night Judith and I dined at Subway and caught up. Sunday morning, it was a sunny day to drive home. For me this was a wonderful event, catching up with people and taking classes in a very relaxed setting.



THE ARDANROE HERBARIUM
(THL Rovena of Bri Leith, Column Editor)



MISTLETOE

Mistletoe's planetary ruler is the Sun.

Mistletoe is the common name for a group of semi-parasitic plants that grow attached to and into the branches of a tree or shrub. The word 'mistletoe' (Old English mistiltan) is of uncertain origins; it could be related to German "Mist" (dung) and "Tang" (branch), since mistletoe may be spread through the feces of birds moving from tree to tree. The problem with this theory is that mistel is the Old English for basil. The name Mistletoe was originally used for *Viscum album* (European Mistletoe) which is the only species native to Great Britain and much of Europe. Today, the name applies to *Phoradendron serotinum* (Eastern Mistletoe of North America) and Loranthaceae. Mistletoes can be found even in tropical climates.

European and American mistletoe looks very similar with their evergreen leaves and white berries clusters. The main differences are that the American mistletoe leaves are shorter and broaden and the berry clusters are longer with more berries per cluster. The flowers range widely from small, insect pollinated flowers to large, bird

pollinated flowers. While oak trees are most widely associated in the public' mind with mistletoe, it can grow on a wide range of tree.

Popular thought on whether mistletoe is a good or evil plant varies greatly. Mistletoe is a semi-parasitic plant; in other words, it doesn't solely steal from the host tree/shrub. It does its own photosynthesis and usually only takes water and minerals from its host. It does this by sending its roots into its host. The down side applies to the host. The host is loses some of its water and minerals to the mistletoe. This in turn can retard the host's growth. How much depends on how many mistletoe plants take up residences. If too many mistletoe plants gather on one host they can, over time, kill the host. The up side is for the greater environment. Current thinking is that mistletoe is an ecological keystone species. In other words, it has a disproportionately pervasive influence over its environment. It is food for a wide range of animals including elk, deer, cattle, squirrels, chipmunks, and porcupines. Thick clusters of it are excellent for nesting owls and murrelets. The presence of mistletoe has a positive effect on junipers since the same bird eats both. This in turn provides more food for the animal population. In North America, three species of butterflies live exclusively on mistletoe.

Mistletoe is a poisonous plant that can causes acute gastrointestinal problems including stomach pain, and diarrhea along with low pulse. People who have used mistletoe remedies have been known to show symptoms similar to Hepatitis B. It can absorb allergens from the host plant that the user is unlikely to know about unless they grow the mistletoe themselves. If consumed in a large enough quantity, hallucinations can occur.

European and American mistletoe have very different medicinal qualities so be sure to know which you are using should you decide to use it. European mistletoe contains the resin viscin. Viscin's effect includes temporary numbness of the nerve impulses, raises then lowers the blood pressure, and speeds up the pulse. This will often disrupt epileptic spasms. American mistletoe stimulates the heart and central nervous system that in turn raises the blood pressure but it causes muscular contracts.

In spite of the potential hazard, it is still used as a medicinal even today. Popular uses in Europe include treating circulatory and respiratory system problems as well as a treatment for cancer to kill the cancer cells and boost the immune system. Trial results are mixed on its effectiveness.

Pliny the Elder states that the Celts considered it a remedy for barrenness in animals and an antidote to poison. It has a long history of use in the treatment of seizures and headaches. Some Celtic religious groups use mistletoe extract ritually to open the Third Eye. Mistletoe can be found in various mythologies including Greek, Roman, and Norse.

Mistletoe is commercially harvested as a Christmas decoration. This use seems to stem from the 18th century. Traditionally, mistletoe can be hung year round as a protection against lightning and fire. It was to be replaced with fresh mistletoe on Christmas Eve. This appears to be an English custom. Another mistletoe tradition is the obligatory kissing under it. This may be Scandinavian in origin. It first appears in writing in 1820 in "The Sketch Book of Geoffrey Crayon" by Washington Irving.

One legend says that the Cross was made of mistletoe thus cursing the plant denying it a place on the earth so it had to grow on other tress.

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WINTER WONDERS XXV

Winter Wonders XXV was held January 14-16, 2011. The date on all scrolls was Saturday, January 15, 2011.

Prize Winners

TOC Qualifier Tourney – Carson Wynne
Regional A&S Winner – Eowyn the Weaver
Bridesmaid – Alrekr*
Rapier Tourney – Ryan Dollas
Assassins Tourney - Delaney von Gruffenburgermeister-Meisterburger
The Gilded Lily and Best Dressed Ladies – Trinitie and Chloe Parler
Best Codpiece – Helmut der Adler

*Alrekr received a scroll done by Bridie and children [Bridie did text and children painted]; so he would not receive a scroll done by himself – Anne Cochran painted and Alrekr did the text for all of the Winter Wonder scrolls – illumination design by Rory.

Court Activities

Amata Quentin Motzhart – Onyx Chalice!!
Eowyn the Weaver – Silver Ram and AOA*
Gabriel Bacon – AOA
Sabine Currier – Onyx Chalice

*Or some A&S award that then prompted an AOA since she did not already have one

Bal Masque

The Mortal Kombat Dance – lead by the fabulous dance teachers, Ryan Dollas and Katheline van Weye

Lunch Fundraiser

The Household of Owls Bend through the Kingdom Luncheon raised \$100 for Mistress Jane's project "food for troll GW 20". They also got to keep \$100 to help with their new household. Meg personally thanks Ardanroe for their help and allowing them to help by doing the lunch.