

ARDANRUNES

This is the May 2012 issue of the Ardanrunes, a publication of the Shire of Ardanroe of the Society for Creative Anachronism, Inc. (SCA, Inc.). Ardanrunes is an electronic newsletter only, available on the Shire of Ardanroe website. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright 2012 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors. All clipart in this issue is from Microsoft Word. The deadline for submissions is the 25th of the month for the issue coming out the 1st of the next month.

Table of Contents

Ardanroe Officers
Calendar of Events
Carriage Chatter
Fortnight
Harken Ye!
Kingdom A&S Team Challenge
Pelicans' TOC Qualifier
Tartan Festival
The Ardanroe Herbarium
Town Faire

Calendar of Events

May 5	Candlelight Camp – Southtower/Small Gray Bear
May 5	Saint Bogdacious - Axemoor
May 19	Spring Crown List – Small Gray Bear
May 26	Cracked Anvil – Smythkepe
June 9	Birthday Bash – Loch Bais
July 28	APA (Academy of Performing Arts) - IronOx
August 18	Cook's Collegium – Small Gray Bear

ARDANROE OFFICERS

Seneschal: The Honorable Lady Avice of York
Knight Marshal: THLord Skallagrímr Bárðarson
Herald: Maistre Rory ua Riada
Exchequer: Lady Joya la Normande
Minister of Arts & Sciences: THLady Melisant of Exmoor
Chronicler: Barun Rory ua Riada
Chirurgion: VACANT

Chatelaine: THLady Evlaliia Sveneivicha
Constable: Lord Jurgis Bebra
Historian: THLady Kendra Dey
Provost of RUGA: Lady Amata Quentin Motzhart
Quartermaster: Lady Joya la Normande
Web Minister: Lord Lorccán na Túaithe
Minister of Children: VACANT

HARKEN YE!

Below is a tentative schedule of Shire activities for the month of May:

May 6 – Fighter Practice – 2:00 p.m. – Duck Pond off King's Highway (Sunday)
May 7 – Armor Making – 6:00 p.m. – Skallagrímr & Evlaliia's House (Monday)
May 9 – Populace Meeting – 6:00 p.m. – Aulds Library (Wednesday)
May 14 – Armor Making – 6:00 p.m. – Skallagrímr & Evlaliia's House (Monday)
May 20 – Fighter Practice – 2:00 p.m. – Duck Pond off King's Highway (Sunday)
May 21 – Armor Making – 6:00 p.m. – Skallagrímr & Evlaliia's House (Monday)
May 23 – A&S Night – 6:00 p.m. – Aulds Library (Wednesday)
May 28 – Armor Making – 6:00 p.m. – Skallagrímr & Evlaliia's House (Monday)

NOTE: Please see the Shire website and Ardanroe Yahooogroup for updates.



KINGDOM A&S TEAM CHALLENGE

Mistress Rosalind has issued the following challenge for Kingdom A&S. Our Baron James is looking for members for a team. See the Challenge and talk to James!

Kingdom A&S TEAM CHALLENGE:

Create Teams led by a Veteran Artisan (or non- novice/has entered before) and up to 4 other artisans who have either

1. never entered KA&S before
... or
2. Enter a category that they have never entered before at KA&S.

Each Team member enters one item (for this competition). Team competition will have a winner based on averaged highest Score. Team leader must enter as well.

Other Rules for entering:

1. Must declare your intent
2. Each team puts together a prize 'basket'
3. Winner takes all



PELICANS' TOC QUALIFIER

The Order of the Pelican will sponsor the Tournament of Champions Qualifier at Candlelight Camp on Saturday, May 5, as Camp Taloha in Pine Bluff, Arkansas. The event is being hosted by the Canton of Southtower. A fabulous prize will be given to the winner of the tournament, along with the honor of representing the Order of the Pelicans at the 4th Tournament of Champions in September.



TOWN FAIRE

In regards to the April Fool's (April 1st) fighter practice at the Duck Pond off King's Highway, Akimoro reports, "Excellent Fight Practice yesterday! Here are your combatants: Skallagrímr, Guðrún, Akimoro, Johannes, Symon, Mateo, Drust, and Tralin McCaba. Also in attendance was: Evlaliia, Samantha, Avice, Baby James, and Godric. We worked on shield wall drills. This will be a regular part of fight practice. We have 6 shire war boards so we will look good doing it too."

The first Armor Making night was Monday, April 2nd at Skallagrímr & Evlaliia's house. Akimoro says, "Armor Build/Sewing Monday is tonight at the House of Skallagrímr. We will be working on helmets and new weapons mostly, but bring other projects too. I will have Rattan for sale, at cost, for anyone in the shire. Please bring \$15 per 9' stick." Skallagrímr reports, "Wow!! We packed the house last night for armor/project night. Akimoro and Wolf worked on Wolf's new helm with David the devout (Wolf's son). Guðrún and I finished her elbows. That's her first complete piece of armor! Drust built a new shire loaner shield. Mateo jumped into everyone's projects. Inside, Bridie taught calligraphy to Karn, while Evlaliia sewed. Rory even made a short appearance to pick up some books." Symon was also there working in the armory.

Due to varying weather reports the April 15 fighter practice was not held.

Akimoro reported that "On Thursday the 19th Skallagrímr, Drust, and Akimoro held a mid week fight practice at A.C. Steere Park. This is a great place to play and we will definitely be back here."

On Sunday the 22nd Skallagrímr, Paul the Small, Symon and Seamus met at the Barnes & Noble parking lot and were on the road by 10:30 am to invade Blackwood's fight practice. Melees were the main focus with some one-on-ones and a bear pit finisher using your off hand only. Blackwood fielded four fighters too; Magnus, Harp, and two new members recently authorized. Supporting watchers who interacted with the interested public included Jorhildr from Blackwood, Evlaliia, and Harmony.

Akimoro reported, "At armor build on Monday the 23rd Skallagrímr, Akimoro and Seamus worked on Wolf's helm. Akimoro made two new swords. Skallagrímr and Seamus worked on elbows and knees to get Seamus fully equipped. The boy is just missing a helm." ☺

A&S Night was held on Wednesday, April 25 at the Aulds Florist Shop on East Kings Highway. Katharine le Spinnere opened the shop for use with Skallagrímr, Evlaliia, Karn, and Amata arriving at six o'clock and everyone else arriving closer to six-thirty. Other attendees included Rory, Joya, Jurgis, Kendra, and Drust. A handout about using natural dyes and using acid dyes from the Dharma Trading Company site was distributed. Skallagrímr and Evlaliia talked about the differences in the two types of dyes, methods of dyeing, and fabrics, showing how different colors came out on different material they have experimented with for garb. The dyeing was held behind the florist shop with four buckets – two with green dye, one with azure blue dye, and one with black dye. Kendra, Joya, Jurgis, Karn, Evlaliia, and Skallagrímr brought fabric and/or completed pieces (shirts, pants, tunics) to die. A few pieces were dyed to change their current color – a shirt and material for a tunic. At nine o'clock the dyeing process was completed, buckets and materials rinsed, and supplies put up. It was a fun and successful venture.

The Shire's Trailer Day was held on Saturday, April 28th at Darkhorse Farm in Haughton from ten o'clock to three o'clock. The trailer was completed unloaded, totes and boxes sorted and repacked, and the trailer was reloaded. A few pictures were even taken of the beautiful interior after it was all done. A picnic lunch followed with BBQ meat from Symon and Avice's farm, mint tea and chocolate chip cake from Melisant and Olaf, chips and plates from Rory, potato salad from Joya, Guðrún and Kendra, and numerous soft drinks. A tour of Darkhorse Farm was given by Melisant. Attendees at this Shire gathering included Melisant, Olaf, their two kids, Symon, Avice, their one child, Jurgis, Joya, Guðrún, Kendra, and Rory.

Instead of fighter practice at the Duck Pond on Sunday, April 29th, many of the fighters traveled to the Shire of Troll Fen for an all-day regional fighter practice that included heavy and light weapons combat.



FORTNIGHT

The Populace Meeting was held on Wednesday, April 11, 2012 at Auld's Library. The meeting began at 7:09 pm and ended at 8:10 pm. Avice of York, Seneschal, ran the meeting. Fourteen adults (Avice, Symon, Amata, Medb, Kendra, Guðrún, Aislinn, Evlaliia, Skallagrímr, Karn, Lorccán, Joya, Jurgis, and Rory) and one child (Baby James) attended.

Officer reports were presented.

Joya, Exchequer, reported that the Shire has money, ~\$5750. The first quarter finance report is almost done.

Amata, RUGA Provost, had nothing to report.

Lorccán, Webminister, has loaded the April issue of the *Ardanrunes*.

Skallagrímr, Knight Marshal, reported that Symon will be deputy for this Sunday's fighter practice. April has five Sundays, so we would normally have a fighter practice on the last Sunday of this month (April 29); however, Troll Fen is hosting a Regional Fighter Practice at Girard Park in Lafayette. The Shire has also been invited on the fourth Sunday (April 22) to Blackwood for their fighter practice.

Evlaliia, Chatelaine, reported that the Tartan Festival was fun and that there were several people interested in the SCA. Most of them were given to Blackwood due to location. Evlaliia also has received the business cards to give out to interested people.

Kendra, Historian, reported that this year's Gulf Wars had 120 people less in attendance than last year's, but that more people were onsite earlier in the week than in the past. Please send her any information about Gulf Wars or the Tartan Festival for her reports.

Rory, Herald, received Drust map Cirig name submission tonight (needs copies of the documenting book). The February 2012 *LoAR* has been published. Everything sent in by Gleann Abhann was registered but none of it was from anyone in Ardanroe. Rory has submitted his first quarter report. There will be a scroll contest at Coronation again – just illumination, just calligraphy, or both together. Information about this is in the April *Ardanrunes*.

Rory, Chronicler, quickly hit the high points from the April issue of the *Ardanrunes* - Skallagrímr reported on Gulf Wars, the notice about the Team Challenge for Kingdom A&S, and listing of Guðrún name registration. Rory quickly went over questions asked and answered from Mistress Rosalind about the Team Challenge for Kingdom A&S.

Jurgis, Constable, had nothing to report.

The A&S Minister was not present.

Old Business:

The Scottish Tartan Festival was a great success. They want the SCA to come back next year and will try again to avoid conflicting dates.

Avice submitted a bid for Kingdom A&S to the kingdom. The Kingdom's requirement that all groups submit a bid each year on one kingdom level event has been met. The Shire's bid was to use Ramada Inn in Bossier. Avice knows that two other groups have submitted bids for Kingdom A&S – one for King's Arrow Ranch and one for a camp in Arkansas. No news has been released yet. It is expected that the current Heirs are waiting until after Coronation this weekend to make and announce a decision.

New Business:

The month of June is approaching. Avice wants to turn over the office of Seneschal in June. That month can also be a turnover month for any other office too. As such, every office was looked at in regards to who wanted to stay on as officer and who was looking for a replacement and if anyone was interested at this time in being the replacement.

Seneschal – Skallagrímr, Dana, Kendra

Avice stated that SCA resumes along with noting any mundance experiences applicable will need to be submitted. The candidates will wax poet to the group next month, and then everything will be sent to the Kingdom Seneschal to make a decision. The duties of local seneschal include monthly reports, reporting for local offices not covered, legal responsibilities, knowing the local rules for city/parish parks, state parks, etc., and being able to work well with people.

Reeve – Joya will stay as Reeve for at least six more months. Dana is interested in being the replacement deputy.

Knight Marshal – Akimoro

Herald – Evlaliia, though she wants to have someone lined up to take over as Chatelaine before she becomes the local herald.

A&S – James, but not until September as he is in an advanced stained glass class every Wednesday from April to September.

Chronicler – Guðrún

Constable – Jurgis staying on at this point. Drust has expressed interest.

Historian – Karn, Ebrahim

Webminister – Lorccán is desperately looking for someone to take on this position. Avice is willing to be the placeholder for the moment, but someone with good access to the internet and willingness to learn (or knows) webpage stuff is strongly desired.

RUGA – Amata staying on at this point.

Quartermaster – Joya to add this, as it was mentioned that in the past the Reeve has been responsible for the Shire's property, ergo also serving as the Quartermaster.

Chirurgeon – This office is currently not filled, nor is it a required office. No one expressed desire at this time.

Minister of Children – This office is currently not filled, nor is it a required office. Bridie might be interested since she was warranted as Blackmoor Keep's MoC before moving here.

Avice will post this list on the yahoo group list and discuss at next month's meeting.

A trailer inventory day still needs to be held. The tentative date had been Saturday, April 21st, but there are several conflicts now for that weekend. Saturday, April 28th looks like it will work for the Shire Trailer Day. The trailer is currently at Dark Horse Farm, Olaf and Melisant's. Plan to meet there at 10:00 am with a BBQ afterward. Bring sides to go with the BBQ and bring your own drinks.

The BBQ Contest as part of the Gleann Abhann Social at Gulf Wars did not turn out well this year. There was only one entrant, so meat had to be purchased to cook and feed the masses. The Shire of Ardanroe was thanked for their donation of funds to the GA Social which paid for the meat. If the BBQ Contest is held at next year's Gulf Wars, Skallagrímr would like to see the Shire have a team entering the contest. He would like to captain that team. This is something for everyone to think about, but until we know whether the BBQ contest will return, there is no rush.

Skallagrímr is working with Blackwood and Loch Bais to try to hold a future Regional Fighter Practice in Minden. There are still a lot of details to work out.

The April A&S Night will be at Aulds Florist and the activity will be dyeing fabric. Look for more information about this, such as a supply list, later online.

Announcements:

Kendra Dey is moving to an apartment on Friday, April 20th. She will provide pizza and soft drinks to anyone willing to help. Meet at Skallagrímr and Evlaliia's house at 5:00 pm Friday. It is mainly boxes and light furniture. Her couch-of-doom is still in Mississippi.

Avice went over the April and May events on the Kingdom Calendar – Coronation (April 14); Beltaine (April 28); Candlelight Camp and St. Bogdacious (May 5th). There are no events currently on the calendar for June. The next event listed is APA at the end of July.

The meeting was adjourned.



TARTAN FESTIVAL

Here is the short version:

Attendees: Avice, Symon, the twins James and Zoe, Skallagrímr, Evlaliia, Ebrahim, Avalina, Amata, Jennifer (from Blackwood formerly of the Niche - keep forgetting her SCA name), Magnus, Jorhildr, Jorhildr's brother, Sir Robert, his lady wife, Lorccán, Danita and the kids, Carn, Guðrún, Cormiac (who is now going by Drust, the pictish name he finally found that he likes the meaning of). Melisant and Olaf were there too doing the Viking thing with their animals.

I believe that is all. The ladies displayed and worked on hand work. The guys and Guthrin fought. The kids and I left early due to the heat and returned in time to break down camp.

Avice of York





THE ARDANROE HERBARIUM
(THL Rovena of Bri Leith, Column Editor)

YARROW

The scientific name is *Achillea Millefolium*. Yarrow is governed by Venus. There are two explanations for yarrow's name (Achilla): during the Trojan War because Achilles would pack it into the wounds of his soldiers to stop the bleeding or the plant was discovered by another person whose name was also Achilles.

Though native to Europe, yarrow has naturalized throughout the United States where it is often seen as a weed. It can be found growing along roadsides or in fields and is good for holding the soil on steep banks. As a ground cover it only needs to be mowed once a year. This sun-loving plant is very adaptable to most soil types except maybe soggy ones. This erect perennial can reach three feet tall and the stalks can be covered with a silky or wooly hair. The fern-like foliage is crowned by a flat flower cluster made of many miniature daisies, which flowers June through September. It is used in flowerbeds because of its distinctive appearance and aroma. Yarrow can be grown from seed or be divided in either the fall or spring.

Some people exhibit an allergic reaction to yarrow, usually a contact dermatitis. Like so many other contact dermatitis, it appears to be a cumulative effect.

Yarrow has a reputation for healing wounds and was standard in medical kits through the American Civil War. It is believed to stimulate the metabolism, liver activity, and blood building. Its blood clotting ability was verified in the 1950s. Yarrow was believed to cause nosebleeds which may have been beneficial to certain types of headaches as well as having an acid that is similar to aspirin. It has been shown to be somewhat effective as an anti-inflammatory.

Yarrow is recommended for skin lotions because of its astringent and cleansing properties.

Yarrow is substituted for hops in beer production in some countries.

Dioscordies, 1st century CE Greek physician, used yarrow to prevent inflammation in ulcers. Much in the same way, John Gerard used it to relieve genital swelling. Forty-six Native American tribes, such as the Blackfoot, Illinois, Miami, Micmac, and Ute, used yarrow to treat wounds, sores, and 26 other ailments. Yarrow was used by the Shakers for treating everything from ages to flatulence.

The ancient use of yarrow is attested to by the finding of fossils of yarrow pollen in Neanderthal burial caves. Not only is yarrow an attractive border planting but its presence appears to increase the essential oils of companion herbs. Predatory wasps and lady beetles are among the beneficial insects attracted by yarrow.

References:

- Bender, Steve. *The Southern Living Garden Book*. Birmingham, Ala.: Oxmoor House, 1998.
Beyerl, Paul. *The Master Book of Herbalism*. Custer, Washington: Phoenix Publishing Co., 1984.
Gabriel, Ingrid. *Herb Identifier & Handbook*. New York: Sterling Pub. Co., 1979.
Gerard, John, Woodward, Marcus. *Gerard's Herbal: the History of Plants*. London: Senate, 1994.
Huson, Paul. *Mastering Herbalism: a Practical Guide*. Lanham, Md.: Madison Books, 2001, 1974.
Kowalchik, Claire, Hylton, William H., and Anna Carr. *Rodale's Illustrated Encyclopedia of Herbs*. Emmaus, PA: Rodale Press, 1987.



CARRIAGE CHATTER

Gleann Abhann Spring Coronation, April 13-15, 2012, Barony of Grey Niche

Spring Coronation 2012
by Guðrún Einarsdóttir

Gleann Abhann held its Coronation April 13-15 at Woodsmen of the World in Hattiesburg, MS. The weekend was one of tragedy, but also of a bright future.

Saturday, April 14, His Majesty Ashikaga Hiromoto passed from this world when an assassin breached Gleann Abhann's defenses. Investigations showed the cause of death to be a slow working poison unseen on the assassin's throwing stars. Uther von Ziemer and Kenna nic Ahern von Ziemer gravely accepted their responsibility as heirs to the throne and were crowned later that afternoon.

Though overshadowed by the death of the King, the Coronation day proved to be one of great celebration as the Kingdom pulled together to honor the newly anointed King and Queen of Gleann Abhann. Tournaments and feasting were but a small portion of the happenings.

Many inhabitants of Ardanroe received honors from the Crown throughout the morning and evening courts. Lady Joya was awarded the Onyx Chalice, while a Jeweled Ring went to Lord Akimoro, Mistress Sarah and Baron James. THLady Avice received a Letter of Endorsement.

Ardanroe also acquitted itself well with the service shown by various members of the community. THLord Skallagrim and THLady Evlaliia served in the Ashikagas' entourage. Karn and Guðrún helped during the feast.

The present fighters showed great courage and skill in the tournament of the day. Sir Ulrich of Black Oak won the title of King's Champion. William of Glen Lion became the Queen's Champion and Lord Aindel Drake the Queen's Rapier Champion.

Before court ended King Uther had one last surprise up his sleeve. The King issued a challenge to any heavy fighter not a member of the chivalry to go meet him on the field of battle. It will be one opponent per event, due to time constraints. Any challengers should hurry to notify the Crown of their desire to face the King in combat.

The day ended with a wonderful feast, thanks to HE Maitress Alyssa. Tapestries, done by the ladies of Grey Niche, depicting the new king and queen hung behind the high table as the Gleann Abhann Choir serenaded the Crown and other guests.

The old reign is over, and a new one has begun.

