

ARDANRUNES

This is the June 2012 issue of the Ardanrunes, a publication of the Shire of Ardanroe of the Society for Creative Anachronism, Inc. (SCA, Inc.). Ardanrunes is an electronic newsletter only, available on the Shire of Ardanroe website. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright 2012 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors. All clipart in this issue is from Microsoft Word. The deadline for submissions is the 25th of the month for the issue coming out the 1st of the next month.

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Calendar of Events

June 9	Birthday Bash – Loch Bais
June 9	Summer Muster V – Grey Niche
July 14	Star Mangled Spanner – Hammerhold
July 21	For the Love of Helena: A Spartan/Trojan Love Story – Seleone
July 21	Barbearian Brawl – Small Gray Bear
July 28	APA (Academy of Performing Arts) – IronOx
August 11	Aphar Faire – Lagerdamm
August 18	Cook’s Collegium – Small Gray Bear
August 25	GA Herald & Scribal Symposium – Ardanroe
September 1	MidSummer Knights Dream – Smythkepe
September 8	Slay the Dragon – Vogelburg
September 15	Kingdom A&S – Lagerdamm
September 22	Drop in the Bucket 2 – Rooks Haven
September 29	Tournament of Champions IV
October 6	Fall Coronation

ARDANROE OFFICERS

Seneschal: The Honorable Lady Avice of York
Knight Marshal: THLord Skallagrímr Bárðarson
Herald: Maistre Rory ua Riada
Exchequer: Lady Joya la Normande
Minister of Arts & Sciences: THLady Melisant of Exmoor
Chronicler: Barun Rory ua Riada
Chirurgion: VACANT

Chatelaine: THLady Evlaliia Sveneivicha
Constable: Lord Jurgis Bebra
Historian: THLady Kendra Dey
Provost of RUGA: Lady Amata Quentin Motzhart
Quartermaster: Lady Joya la Normande
Web Minister: Lord Lorccán na Túaithe
Minister of Children: VACANT

HARKEN YE!

Below is a tentative schedule of Shire activities for the month of June:

June 3 – Fighter Practice – 2:00 p.m. – Duck Pond off King’s Highway (Sunday)
June 4 – Armor Making – 6:00 p.m. – Skallagrímr & Evlaliia’s House (Monday)
June 11 – Armor Making – 6:00 p.m. – Skallagrímr & Evlaliia’s House (Monday)
June 13 – Populace Meeting – 6:00 p.m. – Aulds Library (Wednesday)
June 17 – Fighter Practice – 2:00 p.m. – Duck Pond off King’s Highway (Sunday)
June 18 – Armor Making – 6:00 p.m. – Skallagrímr & Evlaliia’s House (Monday)
June 24 – Blackwood Fighter Practice – Meet at B&N Parking Lot to caravan at 10:00 am (Sunday)
June 25– Armor Making – 6:00 p.m. – Skallagrímr & Evlaliia’s House (Monday)
June 27 – A&S Night – 6:00 p.m. – Aulds Library (Wednesday)

NOTE: Please see the Shire website and Ardanroe Yahooogroup for updates.



THIRD ANNUAL LARGESSE DERBY AT KINGDOM A&S

Good ladies and gentlemen all,

I am pleased beyond measure to announce the Third Annual Largesse Derby, to be held at this year's Kingdom A&S.

Last year, at the Second Annual Largesse Derby, we had a record number of entries, as well as one person who provided five (5) entries. (I stand in awe so have added an extra challenge below.) To reiterate the explanation and rules from last year, let me introduce the Derby as follows:

Have you learned a new skill, or gone back to an old one? Do you find yourself creating lots of small items that are in urgent need of a good home? Do you want to donate largesse to the kingdom so we can expand our reputation as friendly folks? We have just the venue for you!

As a means of enriching the largesse available to our majesties, we are running an A & S largesse donation competition at Kingdom A & S.

Each entry consists of a dozen small items to donate to the Crown. Entries can be created by groups, or by individuals. We encourage you to construct the items around a common theme of your choice. As examples, consider the following entries from last year:

Transport: pouches, wooden boxes, needle and sewing cases

Comfort: handkerchiefs, Gulf War survival kits

Fittings: Buttons, fittings, buckles

Whimsy: Origami, clay sculptures, bookmarks

Crafty: Sewing kits, bookmark weaving kits

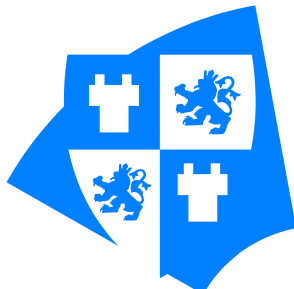
The items do not have to be identical, but should be suitable to hand out as largesse. Kingdom colours (red, black, and silver) are particularly suitable.

Best of all, while it would be nice if the items were period-ish, the only required user documentation is a card with your name and what the item is made of: please include one card for each item. (Blank cards will be provided on site.) The use of such modern tools as sewing machines, routers, inkle looms, etc are welcome in your construction.

Voting will be by populace vote. The winner will receive their choice of one item from each set of donations. All other items will be donated to the crown.

THL Eowyn the Weaver

PS: Should any single person surpass Lady Isabel Winterbourne's record number of entries, I will personally weave them a knotwork belt of up to 74 inches, in their choice of colours. Group entries will not count against this total. And in case you're wondering, Lady Isabel managed to donate 5 entries.



HERALDIC RESULTS

The following actions took place at the March 2012 Laurel Sovereign of Arms' Pelican and Wreath meetings, and appears in the March 2012 LoAR printed May 6, 2012:

THE FOLLOWING ITEMS HAVE BEEN REGISTERED:

GLEANN ABHANN

Celestria del Shagh. Name.

Gunther Havenblast. Name.

Nice 13th century German name!

Joya la Normande. Badge. Per pale gules and Or, a cinquefoil vert within a bordure counterchanged.



PAPER DEADLINE FOR KINGDOM A&S

Kingdom A&S Papers Entries (Research and Creative Writing)

The deadline for entering Papers for KA&S is August 15th. Send them to Mistress Rebecca, Kingdom Minister of Arts & Sciences. Emailed papers are preferred (as helps in dissemination to the judges). See *The Ambassador Regnum* for her information.





APA 5 MINUTE SHAKESPEARE CHALLENGE

Shakespeare- Shakespeare- Shakespeare

A challenge to each barony, shire, and canton...oh heck! A challenge to everyone!

Bring your best 5 minutes of Shakespeare to APA.

Entrants will be judged by populace vote at the APA Talent Review

Please pre register with Mistress Vashti with the name of your selection and the sca names of the participants.

The grand prize winner will receive a very, very, very nice prize.

The second prize winner will receive a very nice prize.

A separate prize will be given to the best performance of a Shakesperian fool.

.....

The RULES!

Performances can be no longer then 5 minutes please...

performance A sonnet either period or of your own hand in Shakespearian form

performance of any music from the time of Shakespeare

performance of dances from his time

performances from any of his plays or the plays of his contemporaries for example...Christopher Marlowe, Thomas Kydd, John Lyly, Lope de Vega, Tirso de Molina, Thomas Heywood and Thomas Dekker

Please provide a brief introduction to your 5 minute performance to better inform the audience about the piece being performed

these performances may be solos, duets, trios, quartets, large groups or anyone who will do it with you.

Entrants should contact Mistress Vashti by June 15th to insure their place in the talent showcase review.

Thank you very much:-)

Mistress Amelia van Hemessen



FORTNIGHT

The Populace Meeting was held on Wednesday, May 9, 2012 at Auld's Library. The meeting began at 7:00 pm and ended at 8:40 pm. Avice of York, Seneschal, ran the meeting. Nineteen adults (Mateo, Bridie, Rory, Amata, Aislinn, Branwen, Godric, Akimoro, Skallagrímr, Sarah, Avice, Symon, Kendra, Ebrahim, Medb, Tangwystl, Evlaliia, Joya, and Jurgis) and one child (Baby James) attended. Adult James arrived at the conclusion to the meeting.

Officer reports were presented.

Rory, Herald, received Drust map Cirig name documentation tonight. The March 2012 *LoAR* has been published. Celestria and Gunther's names and Joya's badge were registered.

Rory, Chronicler, reported that the May issue of the *Ardanrunes* has been published and posted on the Shire's website.

Joya, Exchequer, reported that the Shire has money. She has created the wish list of things to get for the trailer/Shire based on the trailer day held at Olaf and Melisant's.

Evlaliia, Chatelaine, reported that several people stopped at the last fighter practice at the Duck Pond to watch and ask questions. She is passing out the Shire's card to them.

Amata, RUGA Provost, had copies of the student books for RUGA for anyone wanting one. She explained about RUGA's set up and degrees.

Skallagrímr, Knight Marshal, reported that there was no fighter practice this Sunday, being Mother's Day. Alfred will be running fighter practice on the 20th at the Duck Pond. Armor making and sewing nights on Monday's at Skallagrímr and Evlaliia's house. May 27th, the fourth Sunday of the month, will be another trip to Blackwood's fighter practice. It was also mentioned that Steppes Warlord is Memorial Day weekend in Canton, Texas.

Melisant, A&S Minister, needs some final items from everyone on what they did in April for her report. Kendra has volunteered to teach fibula making, and Kendra and Evlaliia have volunteered to teach handsewing at the next two A&S nights in May and June.

Kendra, Historian, is still collecting photos for her report.

Jurgis, Constable, had nothing to report.

The Webminister was not present.

Old Business:

Kingdom A&S was awarded to the Shire of Lagerdamm. It will be held at Camp Taloha in Pine Bluff, Arkansas. While Ardanroe did not get the bid, our bid did fulfill the Kingdom's requirements.

Avice thanked everyone for coming out to the Shire trailer day on Saturday, April 28th. The trailer looks great and good food was had by all.

Kendra thanked everyone for assistance in moving to her new apartment.

New Business:

Since the Shire did not get the bid to host Kingdom A&S, the group was polled as to whether to put in a bid to host the Herald and Scribal Symposium for Gleann Abhann. The group was in favor. The date is Saturday, August 25. Avice will check to see if the Ramada, the hotel in the KA&S bid, is available.

Akimoro reported that the loaner armor box has broken and a new one is needed. Mateo, whom had donated that box, has another box to donate for the loaner armor.

Skallagrímr reported that there is a growing interest in light weapons. Research will be done on how to get loaner armor and equipment for this.

New Officers:

Kendra and Skallagrímr made their speeches for becoming the next Seneschal of Ardanroe. The populace has until May 18 to send Avice feedback. Avice will send everything to Mistress Lailiane. The Kingdom Seneschal will make the decision.

For the other local offices:

Reeve – Joya will stay as Reeve. She is warranted until the end of 2013.

Knight Marshal – Akimoro will become the next knight marshal.

Herald – Evlaliia, though she needs someone to take on the position of Chatelaine. Skallagrímr said he'll do it if he does not get picked as Seneschal. Mateo said he would do it if Skallagrímr gets picked as Seneschal.

A&S Minister – James, but not until September as he is in an advanced stained glass class every Wednesday from April to September.

Chronicler – Guðrún is planning to attend university elsewhere for her next degree, so will not be able to take on this position. Kendra said she would do it if she does not get picked as Seneschal. If Kendra is picked as Seneschal, Rory remains Chronicler for awhile.

Constable – Jurgis staying on at this point. Drust has expressed interest and will be his deputy.

Historian – Ebrahim has volunteered to take back the Historian position if no one else wants it. Karn expressed interest but has transportation issues right now.

Webminister – Avice is willing to be the Webminister but does not have internet service at home; so the work on the website will have to be done at work, public facilities, or other people's homes.

RUGA – Amata staying on at this point.

Quartermaster – Joya adding this, as it was mentioned that in the past the Reeve has been responsible for the Shire's property, ergo also serving as the Quartermaster.

Chirurgion – This office is currently not filled, nor is it a required office. No one expressed desire at this time.

Minister of Children – Bridie is warranted and has accepted being 'volunteered' by her husband (Mateo) for this office. She brings three crates of supplies with her to this position.

Announcements:

Avice went over the May, June, and July events on the Kingdom Calendar.

The meeting was adjourned.



TOWN FAIRE

Sunday, May 6, nine fighters armored up for fighter practice at the Duck Pond off King's Highway. These included Akimoro, Karn, Alfred, the O'Sullivan twins, Trahan, Wulf, Drust, and Skallagrímr. Evlaliia and Rory observed. Symon stopped by after returning home from Candlelight Camp.

Despite it being Crown List weekend, the Shire fighter practice was held Sunday afternoon, May 20, at the Duck Pond. Lord Alfred Mortensen was the deputy marshal in charge. Other fighters attending were Seamus, Garfield, and Mateo.

The May 23rd A&S Night was on "fibula making" taught by Kendra Dey at the Aulds Library. Twelve people, including the instructor, attended and learned how to use steel wire with or without glass beads to make a simple fibula. Lowe's was the place given for finding steel or copper wire. Soft wire was to be avoided. Half hard or hard wire was preferred. Michael's art store was given as a place to look for deals on glass beads; but you have to look "low" to find the "deal box". A list of tools/equipment for fibula making prepared by Kendra is: (1) Beading/jewelry making tools - a multi set (normally about 4 pair of pliers) is the most useful, but especially pliers with the cone space for a tip (can be gotten at Michael's/Hobby Lobby with a 40% coupon); (2) Beads - whatever type makes you happy. A medium bead is the best; (3) Wire - 14-18 gauge solid core (preferably brass/copper), half hard or harder. This will tend to be something that does not bent without a little pressure. Lowe's has a coil for about \$5 of copper 18 gauge in the picture hanging area; (4) Gloves - Your preference. Attendees included Ebrahim, Avalina, Evlaliia, Joya, Skallagrímr, Rory, Jurgis, Guðrún, Melisant, Drust, and Helmut.

The fourth Sunday of the month has now been designated as 'travel to Blackwood' day for fighter practice. However, May 27th, being part of Memorial Day weekend, had only one Blackwood fighter in town. So instead of Ardanroe travelers meeting at the B&N parking lot in the morning to carpool from Shreveport to Monroe to practice at Forsythe Park near the Dragonfly, the lone Blackwood fighter traveled to Ardanroe. Magnus with Jorhildr came to the Duck Pond on East Kings Highway for the two o'clock practice, which lasted until almost six o'clock. Turnout was great with Trahan, Karn, Helmut, Alfred, Akimoro, Symon, and Magnus armoring up and taking the field. Skallagrímr and Mateo did not put on armor but served as marshals. Nicholas, Symon's nephew, was present to do youth combat if any other youths came. Sadly none did. Guðrún and Rory were also present to cheer on the fighters. Rory conducted heraldry consultations with several members including Guðrún regarding her device, Skallagrímr regarding his device, Karn regarding his device, Alfred regarding his name, and Mateo regarding Bridok's name. Karn also filled out the paperwork for his name submission.

Armor making nights were held Monday, May 7, 14, 21, and 28, at Skallagrímr & Evlaliia's House.





THE ARDANROE HERBARIUM
(THL Rovena of Bri Leith, Column Editor)

ANISE

Pimpinella anisum is the scientific name for anise which is also known as aniseed and sweet cumin. It is an Umbelliferae which means it is from the parsley/carrot family. The Moon is anise's planetary ruler.

This Mediterranean native has been cultivated since ancient times though it is commercially grown today mainly in Russia and Spain. Wherever the Romans went they tended to grow anise for flavor, fragrance, and medicinal uses. Though commercially popular in England, it was not grown there until about the middle of the 1500s.

As common for Umbelliferae, anise's first year is spent growing its taproot and its leaves. After that, the stem is furrowed and round while the leaves progressively become smaller and more deeply cut as you progress up the stem. Because of its long tap root, transplanting anise is very difficult. Each branch ends in a white umbel. Anise prefers dry climates and is fairly easy to grow if you protect it from weeds and wind. Anise is desired as a companion plant for coriander. If growing from seed, space the rows 2.5' to 3' apart then thin the seedlings to a distance of 1.5'. To harvest the seeds, cut the entire seed head after it has ripened but before it opens. Place seed head in a bag before cutting to prevent seed loss. Place the newly harvested seeds on a paper towel or a cloth either in the sun or in a dry indoor area of moderate heat. When dried, place in an airtight container.

Anise is used to treat flatulency, soothe pain from coughing, loss of appetite, digestion as well as stomach and intestinal difficulties, and mucus obstruction. It is also used to flavor medicines.

Not only does anise make foods such as pastry and bread more easily digestible, it gives them a distinctive aroma and sweetens the taste. Anise is also added to cookies, vegetables, salads, milk, desserts, jams, brandy, and cordials. Only grind the amount of anise that you need as it breaks down quickly. Many believe that the modern tradition of a wedding cake is an outgrowth of the Roman mustaceum. Mustaceum is made from savory spices mixed with meal to make a cake. It was a favorite after heavy meals which wedding feasts usually were. The seed is used whole or ground depending on the application. It complements cheese, eggs, soups, stewed fruit, carrots, and spinach. When paired with cinnamon and bay, this trio complements duck, fish, game, and pork. Chop anise leaves and you can add them to salads or leave whole and use the leaves as a garnish. You can make tea from the dried leaves. You will find anise in the cuisines of Arabia, East India, Greece, Hispania, Morocco, and Scandinavia. A popular use of anise is as a flavoring in various liqueurs such as aguardiente (Latin American), ojen (Spanish), pastis (French), raki (Turkish), tres castillos (Puerto Rican), and, perhaps best known, ouzo (Greek). Star anise is very similar to anise and is often substituted commercially for anise though, depending on the product, fennel seed and leaf are substituted.

Anise has had a long and varied history. Pythagoras, 6th century BCE mathematician and philosopher, believed that simply holding anise could prevent epileptic seizures. In the 5th century BCE, Hippocrates recommended it for coughs. Pliny, Roman scholar, recommended that anise be chewed in the morning to remove oral odors for the whole day. He also believed anise would help maintain youthful appearance and would prevent bad dreams if placed near the bed. The Romans so valued anise that they took it as payment for taxes. The English king, Edward I, reversed this idea by levying taxes on it on 1305. Other uses have included adding the crushed seeds

to sachets and making incense with it. Dogs go for anise much like cats go for catnip. Traditionally used as a bait for mice.

References:

- Beyerl, Paul. *The Master Book of Herbalism*. Custer, Washington: Phoenix Publishing Co., 1984.
Gabriel, Ingrid. *Herb Identifier & Handbook*. New York: Sterling Pub. Co., 1979.
Huson, Paul. *Mastering Herbalism: a Practical Guide*. Lanham, Md.: Madison Books, 2001, 1974.
Kowalchik, Claire, Hylton, William H., and Anna Carr. *Rodale's Illustrated Encyclopedia of Herbs*. Emmaus, PA: Rodale Press, 1987.



KINGDOM A&S TEAM CHALLENGE

Mistress Rosalind has issued the following challenge for Kingdom A&S. Our Baron James is looking for members for a team. See the Challenge and talk to James!

Kingdom A&S TEAM CHALLENGE:

Create Teams led by a Veteran Artisan (or non- novice/has entered before) and up to 4 other artisans who have either

1. never entered KA&S before
- ... or
2. Enter a category that they have never entered before at KA&S.

Each Team member enters one item (for this competition). Team competition will have a winner based on averaged highest Score. Team leader must enter as well.

Other Rules for entering:

1. Must declare your intent
2. Each team puts together a prize 'basket'
3. Winner takes all



KÖNIG CHALLENGE

During Saturday evening court on April 14th at the Coronation event of Uther and Kenna, His Royal Majesty issued an invitation to all heavy weapons fighters sans the Chivalry. Below are His Royal Majesty's invitation and a list of the challengers who have petitioned and been accepted, with events noted where the field will be taken. If you happen to be at any of these events, please go and watch and support this historical endeavor. If any are not listed that have occurred, or are newly scheduled, please let me know. – Chronicler

The Invitation

Unto the people of Gleann Abhann! Hear and Bear Witness to the words of Dein König!

Combat is the forge upon which the true spirit und soul of man is hammered. Through fire und pressure does the iron become steel und the dull shape become a blade that can be used to smite the enemies of Our Realm. The names of those Heroes of Our past call us to continually test that temper; to be sure that the blade is sharp und readied to be drawn in defense of the Kingdom und it's people. The winds do still carry those names, they do still bite hotly into our soul as we strive to rise ourselves up und touch the glory; the chivalry; the utmost Honor that these Heroes embodied. With the names of these Heroes on My lips do I here and now issue an invitation to the fighters of Our Realm:

Know that I, Uther; König von Gleann Abhann do here issue an Invitation to any fighter within the borders of Our Realm; that has the means to secure a second, to take up arms in honorable combat with My person. This combat will be three (3) passes with each pass being the best two (2) out of three (3):

Pass One will be contested using Sword and Shield

Pass Two will be contested using 2 Swords

Pass Three will be contested using Godenak (the Medieval Chopper)

Each pass will be counted und observed by the seconds und the people so that Honor und Chivalry shall be upheld above all others on the field of combat. Come Warriors of Gleann Abhann! Come und test yourselves!

Ever in Service,
Uther
König von Gleann Abhann

The Challenges Accepted and Scheduled

<u>The Challenger</u>	<u>The Second</u>	<u>The Location</u>
Gareth the Smaller	Savelli Bastiani	Beltaine (April 28)
Paul the Small	Grimbaldus Bacon	Candlelight Camp (May 5)
Aron Harcourt	John the Bellringer	Star Mangled Spanner (July 14)
Karn Skallagrimson	Skallagrímur Bárðarson	Academy of Performing Arts (July 28)
Juan Carlos Santiago y Benevidez de Villa Lobos		Aphar Faire (August 11)
Akimoro of Ardanroe		Slay the Dragon (September 8)
John the Bellringer	Martin von Augsburg	TOC IV (September 29)

Challenge for The Iron Ring of Gleann Abhann

Invitation just announced

For the Love of Helena (July 21)