

ARDANRUNES

This is the August 2013 issue of the Ardanrunes, a publication of the Shire of Ardanroe of the Society for Creative Anachronism, Inc. (SCA, Inc.). Ardanrunes is an electronic newsletter only, available on the Shire of Ardanroe website. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright 2013 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors. Photos from Candlelight Camp were taken by Lord Ebrahim al-Jabal{i-}. The photo from KWHSS was taken by Barun Rory ua Riada. All clipart in this issue is from Microsoft Word. The deadline for submissions is the 25th of the month for the issue coming out the 1st of the next month.

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Calendar of Events

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| August 10 | Wombat Regional Fighter Practice – Troll Fen |
| August 17 | Aphar Faire – Lagerdamm |
| August 31 | A Murder Mystery – Smythkepe (Labor Day) |
| September 7 | Slay the Dragon – Vogelburg |
| September 14 | Holy Pail 7 – Rook’s Haven |
| September 21 | Kingdom Arts & Sciences – Axemoor |
| October 5 | Fall Coronation – Dragoun’s Weal |
| October 12 | SCA-Trek the Next Generation – Grey Niche |
| October 12 | Havoc – Loch Bais |
| October 19 | Diamond Wars – Small Gray Bear |
| October 26 | Huntsman’s Harvest IV – Coill Fhionabhann |
| November 2 | Knight’s Academy – Dragoun’s Weal |
| November 9 | Fall Crown List – TBA |
| November 22-24 | Bordermarch Autumn Melees - Bordermarch |
| December 7 | Christmas Revel – Axemoor |
| December 14 | TOC V – Iron Ox |

July 19 – August 3 Pennsic 42 - Aethelmearc

ARDANROE OFFICERS

Seneschal: The Honorable Lady Kendra Dey
Knight Marshal: Lord Akimoro of Ardanroe
Herald: The Honorable Lady Evlaliia Sveneicha
Exchequer: The Honorable Lady Joya la Normande
Minister of Arts & Sciences: THLady Melisant of Exmoor
Chronicler: Barun Rory ua Riada
Chronicler in Training: Marguerite

Chatelaine: THLord Skallagrímr Bárðarson
Constable: Lord Jurgis Bebra
Historian: Lord Ebrahim al-Jabal{i-}
Quartermaster: Lady Joya la Normande
Minister of Children: Lady Bride O Sullevan
Web Minister: Lord Akimoro of Ardanroe
Chirurgeon: THL Mateo Lopez



HARKEN YE!

Below is a tentative schedule of Shire activities for the month of August:

- August 1 – Fighter Practice – 6:00 p.m. – Mangum Memorial United Methodist Church (3939 Pines Road, Shreveport, LA 71119) (Thursday)
- August 4 – Fighter Practice – 2:00 p.m. – A. C. Steer off Youree Drive (Sunday)
- August 5 – Project Night – 6:00 p.m. – Skallagrímr & Evlaliia’s House (Monday)
- August 8 – Fighter Practice – 6:00 p.m. – Mangum Memorial United Methodist Church (3939 Pines Road, Shreveport, LA 71119) (Thursday)
- August 11 – Fighter Practice – 2:00 p.m. – A. C. Steer off Youree Drive (Sunday)
- August 12 – Project Night – 6:00 p.m. – Skallagrímr & Evlaliia’s House (Monday)
- August 14 – Shire Populace Meeting – 7:00 p.m. – Aulds Library (Wednesday)
- August 15 – Fighter Practice – 6:00 p.m. – Mangum Memorial United Methodist Church (3939 Pines Road, Shreveport, LA 71119) (Thursday)
- August 18 – Fighter Practice – 2:00 p.m. – A. C. Steer off Youree Drive (Sunday)
- August 19 – Project Night – 6:00 p.m. – Skallagrímr & Evlaliia’s House (Monday)
- August 22 – Fighter Practice – 6:00 p.m. – Mangum Memorial United Methodist Church (3939 Pines Road, Shreveport, LA 71119) (Thursday)
- August 25 – Fighter Practice – 2:00 p.m. – A. C. Steer off Youree Drive (Sunday)
- August 26 – Project Night – 6:00 p.m. – Skallagrímr & Evlaliia’s House (Monday)
- August 28 – Shire A&S Night – 7:00 p.m. – Aulds Library (Wednesday)
- August 29 – Fighter Practice – 6:00 p.m. – Mangum Memorial United Methodist Church (3939 Pines Road, Shreveport, LA 71119) (Thursday)

NOTE: Fighter practice held at Duck Pond off King’s Highway on Sundays when raining. Please see the Shire website and Ardanroe Yahoogroup for updates.



TOWN FAIRE

Thursday evening, June 20, fighter practice was held at the church. June 20. Gilbert, Skallagrímr, and youth combatant Lucas fought. Observers included Breacia, Runa, Isabella, and Jacey.

Sunday fighter practice June 23 at to A.C. Steer found Isabella, Gaius Curtis Primus, Skallagrímr, and Symon armored up and taking the field. Observers were Aedon and Allison.

The month of July began with project night at Skallagrímr and Evlaliia's house. It was a great project night. Folks worked on swords, watched the videos made on wax hardening leather and making a pattern from a finished gauntlet, ate good food, and watched a series of YouTube videos about SCA sword fighting while playing the "identify the heraldry on the shields", plus the cool discovery of counted fights (aka Pas de Armes). Those present included Skallagrímr, Álfráðr, Isabella, Gilbert and Marcella, Mateo, Runa, Luc, Jacey, Tyler, Jason P., Rory, Amata and Kendra.

Fighter practice was not held on Thursday the 4th, 11th, 18th, or 25th of July.

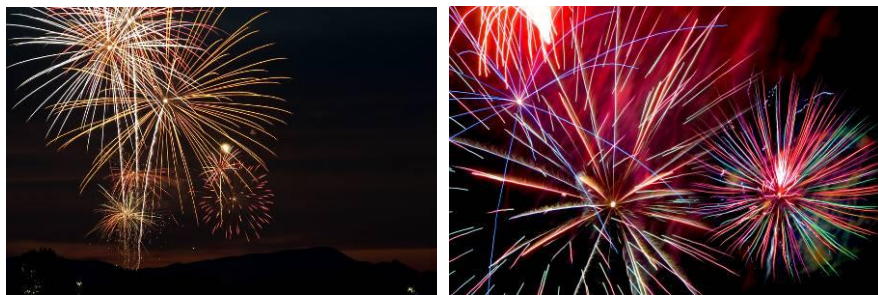
Sunday fighter practice at A.C. Steer Park on July 7 found Akimoro, Luc, and Skallagrímr in armor. Isabella also trained. Jaycee, Marguerite, and Ysabel watched.

Sunday fighter practice at A.C. Steer Park on July 14 found Akimoro, Álfráðr, Isabella, Symon, and Tangwystle in armor. Aedan and Eida watched.

Fighter practice on Sunday, July 21 at A.C. Steer had Symon, Álfráðr, Skallagrímr, Tangwystle, and Jason P in armor. There were no youth combatants. Observers were Luc, Jacey, and Marguerite.

The Shire A&S Night, July 24, was held at Skallagrímr & Evlaliia's house. Silk Banner Painting was the class. Skallagrímr gave a presentation on the materials used, including silk, pipes for the banner's frame, types of resists, paints, and dyes. A handout for the class created by THLord James ens le Breres was distributed. After the presentation everyone went into the garage for hands-on experience applying the resist to the drawing for Joya's banner and the dyes (paints) for Jurgis' banner. Twelve people attended the class including Skallagrímr, Amata, Joya, Jurgis, Gilbert, Marcella, Kendra, Gaius Curtis Primus, Runa, Jacey, Rory, and Melisant.

The final fighter practice of the month, Sunday, July 28 at A.C. Steer had Akimoro, Eida, Isabelle, Jason P, Skallagrímr, Symon, and Tralin in armor. Observers were Amata, Jacey, Luc, and Paula P.





WOMBAT REGIONAL FIGHTER PRACTICE

Greetings All!

On August 10th at 12:00 noon we will be hosting a regional fighter practice at Girard Park in Lafayette. This will be Lady A'ishe's last chance to fight all of her friends and family before moving away to Ansteorra. After the practice the plans are to retire to Wombat's favorite restaurant for dinner. Come and get all the fighting in that you can!

Yours in Service,

TRHs, Ashi and Kimiko



FIFTH SUNDAY TOURNAMENT

The Fourth 5th Sunday tournament was held at Betty Virginia Park at 3pm on June 30th, 2013. People started gathering early with Primus, Mingion, and Ninja arriving first and securing the pavilion for the spectators.

It was sunny and warm, but the humidity and temperature was lower than in the past few days. It was a perfect day for a tournament. Excitement was high. Lord Akimoro was on a trip to Trimaris, and would not be defending his title. He is HRH's man-at-arms; could this have been an official trip? If so, Akimoro is being silent about it. There were five fighters taking the field, THL Symon, THL Skallagrímr, Lord Álfráðr, Tralin, and Primus. Only one had won the title previously. Odds were good that we would have another new champion this time.

We had a few guest spectators, Gabrielle Deshawtelle, lady to Lord Álfráðr Marteinsson, and a freelance journalist, who wanted to write an article about us. Lady Amata manned the list tree, Primus heralded most fights, with other fighters filling in during Primus' fights. Salutes were made for each fight and Skallagrímr showed why he won the wreath of chivalry last Crown List, when he took the hand of Lord Álfráðr's lady and thanked her for inspiring her fighter. She was the only consort to attend the tournament and watch their fighter.

Fighters chose their opponents, with the first chooser being arbitrarily picked by the other fighters. I did not record the order of the fights, but it was clear from the start that Tralin was the fighter to beat. He fought with a quickness and ferocity that was not matched on the field. Álfráðr was a close second until the last round, where he tied the wins of Tralin. The winner may be a repeat after all.

With the participants for the final round determined the two faced each other and made salutes. THL Skallagrímr heralded and marshaled the final round, announcing this was a best two of five rounds. Lord Álfráðr's bastard sword was fast, but Tralin's glaive was faster and Tralin won two consecutive rounds. The populace decided Symon's lingering death was winner of the best death contest. With the winners declared, the group cleaned up the site and broke up, anxious for the next 5th Sunday tournament.

Written by THLord Skallagrímr Bárðarson



THE ARDANROE HERBARIUM
(THL Rovena of Bri Leith, Column Editor)

JUNIPER

Juniperus is the scientific name for the common juniper. In this genus there are between 50 and 67 species ranging from low shrubs to 49 foot trees. Saturn is the planetary ruler.

Juniper is native to Europe and North America. This sun loving evergreen requires little care and prefers a light, sandy soil. More sun equals stronger aroma. If not managed, this tough plant can be a bit invasive. Cuttings easily root if they are misted and though they can be transplanted any time of the year, early spring or early fall are best. Pruning is best while the plants are dormant. You can harvest the leaves and branches at any time but the berries should be blue which shows they are ripe. In order to get berries, you have to plant both male and female plants. Technically, the juniper has cones but they look like berries so that is what most people call them. The volatile oil is found in the leaves, wood, and berries though it is most abundant in fresh, ripe berries. There is a dramatic decrease by drying the berries but if you need to dry them spread them out on a screen in the sun until they turn a dull black.

WARNING: Pregnant women and people with kidney ailments are advised to avoid using juniper because it can irritate the kidneys. There are other more effective herbal diuretics so there is no need to stress the body with juniper.

Juniper is an ancient cure-all for rheumatism, arthritis, bruises, ulcers, and wounds though its primary use was as a diuretic. To soothe aching muscles, add a handful of leaves to warm bathwater. It has been used in oils, tinctures, and poultices. Juniper smoke was used in the Middle Ages as a protection against contagious diseases like the plague and leprosy.

Juniper has a long culinary use in cooking and in making gin. It is thought that the berries stimulate the appetite but their strong flavor calls for them to be used sparingly. The crushed berries are added to goose, hare, hors d'oeuvres, marinades, pâté, salads, sauerkraut, venison, and other wild game dishes. Substitute four berries for each bay leaf in stews, sauces, and marinades. The berries complement parsley, fennel, bay, and garlic. To get a subtle, smoky flavor toss some branches on the outdoor grill to release the aromatic oils.

There are so many shapes that you can find the right juniper for any landscape and enjoy its aroma in wreaths and potpourris. Its pungent aroma may be why it was thought to drive out evil and anything that could harm one's health. To keep away witches, a juniper would be planted by the front door.

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CARRIAGE CHATTER

Known World Heraldic & Scribal Symposium, Barony of Bjornsborg (Kingdom of Ansteorra), June 28-30, 2013 AS XLVIII

(Written by Rory ua Riada)

The Barony of Bjornsborg located in San Antonio, Texas, in the Kingdom of Ansteorra hosted the 2013 Known World Heraldic and Scribal Symposium (KWHSS) the last weekend of June. Roughly 170 people from throughout the Known World attended, Countess Aryanhwy merch Catmael, Schwarzdrachen Herald coming from the Kingdom of Drachenwald (from Heidelberg, Germany), being the farthest traveler.

Maistre Rory, Diamond Herald, and Lady Maddalena Alessandra Godwin, from the Barony of Small Gray Bear, journeyed down. Other Gleann Abhann members included Mistress Brigit, Baroness Judith, Master Erik, THL Thomas from the Shire of Troll Fen, and Lady Giata from the Barony of Axemoor.

KWHSS had 22 heraldry classes and 22 scribal classes. Maddalena attended scribal classes, while Rory, Brigit, Judith, and Giata attended heraldry classes. Erik and Thomas hung out. There were a few merchants from around the Known World including White Wolf and Phoenix, a great source for weaving materials and supplies. However another merchant located in Elfsea or the Steppes had inks for calligraphy, many made himself as a professional chemist. He also had wax tablets. A third merchant had paper, much sold as premade books.

Friday evening was arrival, trolling in, and joining the other travelers in the local restaurant for dinner. Saturday morning began with breakfast in the hotel followed by classes and meetings starting at nine o'clock. From nine to eleven Rory was in the Principal Heralds Meeting, starting on the second floor and moving to the restaurant at the conclusion of the first hour since another class was booked in the room. The Principal Heralds Meeting was run by Meistari Gabriel Kjotvason, Laurel King of Arms.

At eleven o'clock on the second floor was *Conflict Checking Armory Fast* by Master Istvan, Non Scripta. The class included a quick review of the "new" SENA rules on armory conflicts. It will then explain how to use the Complex Search Form, part of the Online Ordinary and Armorial, to speed up conflict checking.

This was followed by a one hour and a half break for lunch. The hotel did a lunch buffet instead of menus to make it easier. After perusing the merchants and talking shop with other visitors, I went to the second half of the two hour class *Documenting a Name (not quite within an inch of its life)* by Dame Juliana de Luna, Pelican Sovereign of Arms. In this class Dame Juliana covered the main sources that the experts use by region and time, so that if you want to document a late period French name (for example) you'll know where to start. She also talked about how to write up documentation so that a name is more likely to fly through with no issues with the documentation. Then at three-thirty it was *Constructing (and Deconstructing) Japanese Names* by THL Kameshima Zentarou Umakai, Silver Buccle Principal Herald (Kingdom of Aethelmearc). This class was a discussion of period Japanese names, the meanings of different name elements, how to construct them, and modes of address. I learned that referring to our current prince as Prince Ashikaga was correct, just as Princess Kimiko was correct. It all depended on the type of name and one's sex in Japanese culture.

My final class of the day was *Submissions Processing and You* by Magistra Emma de Fetherstan, Wreath Queen of Arms. This class was intended primarily for submissions heralds and those interested in submissions at all levels. Emma discussed issues with paperwork processing: what paper is and is not necessary, when and how to change submission forms, problems and solutions with scanning, color, and uploading scans to OSCAR. A big emphasis was on what submission heralds can do to help the College of Arms move towards a truly paperless solution!

The court of TRM of Ansteorra, Lochlan and Gwen, was held closer to six o'clock than the originally scheduled six-thirty, to be sure to get a large crowd before everyone made dinner plans. Heralds throughout the Kingdom were recognized by the Crown. Gwennlian ferch Maredudd and Mari ingen Briain meic Donnchada each received an Augmentation of Arms. They were both former Sovereigns of Arms. Safi yya bint Khalid ibn Hamden received an Award of Arms. Eirik Halfdanarson, Bordure Herald of Ansteorra, received the Star of Merit and Emma

de Fetherstan, Wreath Sovereign of Arms, received the Iris of Merit. The Star of Merit is similar to Gleann Abhann's Diamond Chalice. The Iris of Merit is similar to Gleann Abhann's Silver Lamp. Meistari Gabriel Kjotvason, Laurel King of Arms, after a bit of stitck involving his incredibly heavy crown as Sovereign King of Arms, announced that the 2014 Known World Heraldic and Scribal Symposium would be hosted by the Barony of Starkhafn (Las Vegas, NV) in the Kingdom of Caid the weekend of June 13-15.

After court it was off to an authentic Mexican restaurant with Erik, Brigit, Giata, and many other attendees. At nine o'clock a concert by Sir Kenneth and Mistress Adelaide was held in the hotel's ballroom with a bardic circle to follow. We got back a bit late and missed these.

Sunday morning the Laurel Roadshow was held from nine o'clock to around noon. This was a live decision meeting regarding items on March Letters of Intent from different Kingdoms. It was very educational. Several hands-on scribal classes were also held that morning. Maddalena and I spent the afternoon and evening journeying back.



A heraldic fan at KWSS

Candlelight Camp, Barony of Small Gray Bear, July 13, 2013 AS XLVIII

(Written by Rory ua Riada)

The Barony of Small Gray Bear hosted their annual Candlelight Camp as a one-day event on Saturday, July 13 at the First Presbyterian Church of Little Rock in Little Rock, Arkansas. THL Juan Carlos Santiago y Benevidez was the autocrat. Lord Giacomo Fornerigo was the feast cook and feast was limited to 80 gentlefolk. THL Brendan mac Sionnac was in charge of reservations. The theme of the event was "A Day in Lindisfarne". From the flyer:

In 793 the Vikings raided Lindisfarne. The Anglo-Saxon Chronicle records:

"In this year fierce, foreboding omens came over the land of Northumbria. There were excessive whirlwinds, lightning storms, and fiery dragons were seen flying in the sky. These signs were followed by great famine, and on 8 January the ravaging of heathen men destroyed God's church at Lindisfarne."

Whether you favor the ravaging Northmen or the pious monks of Lindisfarne, join us for a day of classes and competitions centered around this pivotal raid.

The site opened at eight o'clock that morning, closing down at nine o'clock and perhaps completely closed by ten o'clock that night. Two fencing (light weapons) tournaments were planned for the morning. The first would be the adult fencing tourney to be followed by the youth fencing tourney. THL Binn MacBranain was the marshal in charge for these. A heavy combat tournament was also planned for the morning to be marshaled by Baron John the Bellringer. An A&S Roadshow would be held throughout the day, ending at or prior to four o'clock that afternoon.

A Static A&S Competition would also be held all day, ending at or prior to four o'clock. The static A&S competition was, or also included the Baronial Standard Bearer (A&S Champion) competition for Small Gray Bear. The format was any Kingdom A&S category, documentation required. The minimum documentation required was the completed Documentation Worksheet on the Kingdom of Gleann Abhann's webpage. The competition was open to anyone, but only those able to fulfill the duties of the Champion would be considered for the position of Standard Bearer. These duties would include attending the Baron and Baroness during court at Baronial events, being present at the competition choosing their successor, and assisting in planning the competition to choose their successor. The Standard Bearer also traditionally is responsible for helping the A&S officer promote A&S activities within the Barony and assisting the Baron/Baroness with special projects relating to A&S. This information was announced by Mistress Gwyneth, Baroness of Small Gray Bear, and published by THL Archer, Minister of A&S for the Barony.

Originally five gentlefolk from the Shire of Ardanroe were to attend the event. Sadly one contracted the dreaded "Breath of Pestilence" and spent the weekend in a vegetative state.

The four from Ardanroe were Prior Gilbert, THL Marcella, Lord Ebrahim, and Lady Avalina. Ebrahim entered his version of a Writing Slope in the A&S Roadshow and made a new entry of jewelry made in the Byzantine fashion. All entries in the Roadshow received the small tokens of cast charge of the A&S office.

While the tournaments were held in the morning, classes were scheduled for the afternoon, except for one, Bread Discussion, by Signore Giacomo at nine o'clock. The afternoon classes included Fencing Explained by THL Binn, Making Tools for Stamping Designs on Brass (limit 10) by Master Frederick Alton, Spinning with a Spinning Wheel by THL Rois, Illumination by THL Fronicka von Wieduwilt, How to Become a Combat Archer by Lady Sara de la Val, Pointy Hats and Pointy Things by THL Aine ingen in Gobhann, Secret History of the SCA by THL Brendan mac Sionnac, and Basic Netmaking by Lady Sara Mary Heryngton.

Lunch was held around noon. During the lunch break the Order of the Silver Lamp held a meeting.

Potentially two courts were held in separate locations. This may have changed at the event, but on the initial schedule the Baronial court was to be held at four o'clock in the Fellowship Hall, while the Gleann Abhann court was to be held at five o'clock in the Sanctuary.

THL Brendan mac Sionnac was the court herald for the court of King Jon and Queen Emma. Many of the populace were recognized by the Crown that afternoon. These included:

- Marcilla le Despenseur, Avaline de Cheviere, and Fronika von Wiedewult, each inducted into the Order of the Silver Lamp.
- Brendan mac Sionnac with the Queen's Order of Courtliness.
- Ranulf di Aversa with the Sovereign's Letter of Endorsement.
- Wulfric Hoebreke, Aoibheann, Torlac Grimerson, Wulf Vebrandson, and Paolo Carrar da Firenze with an Award of Arms.
- Fabriell von Statten with the Combattant Rams and an Award of Arms.
- Ayne de Mowbray with an Onyx Chalice.
- Evill Sara (Sara de la Val) with a Grant of Arms.
- Binn mac Brainan with a Court Barony.

Also during court, THL Grimr Skalagrimson and Master Eadweard Boilewright brought greetings from the Crowns of Calontir, as this day was all the Coronation day in Calontir. Damien and Issabell now ascended the falcon throne as the 60th King and Queen of Calontir, while TRMs Donngal and Catalina stepped down. THL Grimr also presented to Queen Emma the Varangian Axe, which Grimr had loaned to one of Calontir's shield maidens to bear during Great Court at Lilies War to protect the Queen of Gleann Abhann. THL Grimr gifted the Varangian Axe to the Queen of Gleann Abhann, Her Heiress and all future Queens of Gleann Abhann, to stand as protection for Her Majesty.

At the conclusion of court the fabulous feast prepared by Lord Giacomo was served in the Fellowship Hall. Either during feast or perhaps during one of the courts, donations of hair were made to Locks of Love, including locks from His Majesty.



Gilbert by Maddalena's Italian dress



Marcella judging or attending a class



Ebrahim's Writing Slope and Byzantine wire-work jewelry in the A&S Roadshow



Marcella being inducted into the Order of the Silver Lamp