

ARDANRUNES

This is the May 2006 issue of the Ardanrunes, a publication of the Shire of Ardanroe of the Society for Creative Anachronism, Inc. (SCA, Inc.). Ardanrunes is an electronic newsletter only, available on the Shire of Ardanroe website. It is not a corporate publication of SCA, Inc., and does not delineate SCA, Inc. policies. Copyright 2006 Society for Creative Anachronism, Inc. For information on reprinting photographs, articles, or artwork from this publication, please contact the Chronicler, who will assist you in contacting the original creator of the piece. Please respect the legal rights of our contributors. All clipart from Microsoft Word. The deadline for submissions is the 25th of the month for the issue coming out the 1st of the next month.

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Calendar of Events

May 5-15	SCA 40 th Year Celebration (An Tir hosts)
May 6	Forest Maiden's Favour II
May 6	Aphar Faire
May 20	Spring Coronation
June 10	Birthday Bash
June 17	Known World Heraldic & Scribal Symposia
July 8	Lugh

ARDANROE OFFICERS

Seneschal: Baroness Charmaine de Chanson
Knight Marshal: THL Maximilian von Braun
Herald: THL Rovena of Bri Leith
Exchequer: Baroness Medb ingen ui Mael Anfaid
Minister of Arts & Sciences: James in le Breres
Chronicler: Barun Rory ua Riada
Chirurgeon: THL Conor the Black

Youth Marshal: THL Conor the Black
Web Minister: Lord Vachir Altan
Provost of RUGA: Amata Quentin Motzhart
Quartermaster: Baroness Charmaine de Chanson
Chatelaine: Lord Michael atte Harp
Historian: Lady Ceara ynseyder kiaull
Constable: Barun Rory ua Riada

OFFICES SEEKING REPLACEMENTS – Constable, Quartermaster, Minister of Children (vacant).

AS RORY WRITES

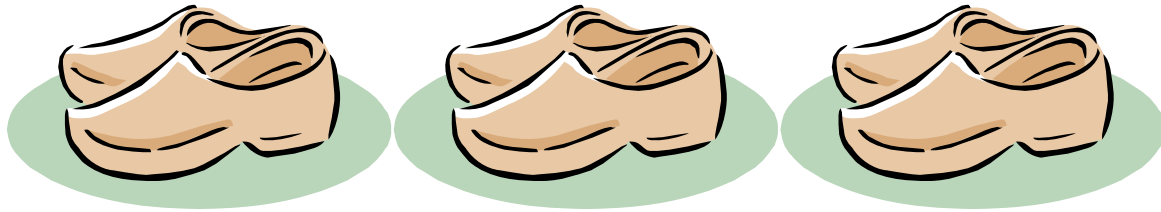
I hope all of you enjoy the third electronic issue of Ardanrunes. Submissions and artwork are strongly desired! Please give your input. This is your newsletter. I have replaced Bremen BdBt 12 pt font size with Century Gothic 12 pt font size for the headers, Bremen BdBt with Century Gothic 16 pt font sizes for the newsletter title, and am continuing to use Times New Roman 10 pt font size for the text. We will see how this looks once changed into a PDF file. I look forward to interesting articles on arts and sciences topics. Send me a one or two page handout or condensed version of a class you are teaching or research you have done. I look forward to hearing from all of you soon!

REGIONAL FIGHTER PRACTICE

May 28th at 2:00 p.m. at the Kees Park in Pineville, Louisiana. Contact Michael atte Harp (chateline@ardanroe.org) for more information!

WINTER WONDERS XXI

Mark your calendars! Next year's Winter Wonders will be February 9-11, 2007!



LET'S DANCE!

This month's dance is: Official Branle

The Official Branle is also known as 'Toss the Duchess'. This is a couple's dance that begins with all of the couples holding hands in a circle – the bigger the circle the more couples dancing! As the dance progresses the couples change as the ladies move. How the ladies move is where the name 'toss the Duchess' comes from. The dance can be done in a very stately manner or can be a ruckus of riotous fun. Make sure you have a high ceiling!

Start by forming a circle with all of the couples joining hands. The circle should have the dancers alternating back and forth lord, lady, lord, lady, lord, lady through the entire circle. Everyone is facing into the circle (you are looking at the dancers across from you).

There are two basic steps to the dance – a double and a single. A double is when you take a total of four steps to cover the distance of two steps (step with your left foot and bring your right foot up to where your left foot is and repeat). A single is when you take a total of two steps to cover the distance of one step (step with your left foot and bring your right foot up to where your left foot is).

When the music starts everyone will go a double to the left and then a double to the right. Then they will repeat with a double to the left and a double to the right. Sometimes you will hear people chant, shield arm, shield arm, sword arm, sword arm as a way to remember to start the doubles going left for the first one (shield arm) and then right for the second one (sword arm).

After the two sets of left and right doubles are done, everyone takes six (6) singles to the left. The lords turn to the right and the ladies turn to the left to form a couple facing each other. The lord lifts the lady in place. The lady jumps or hops to aid him. This is the first toss of the Duchess. The lady is tossed up into the air and comes back to the same place she left from.

Everyone now joins hands again and takes six (6) singles to the left again. The lords turn to the right and the ladies turn to the left to form a couple facing each other. The lords now lift the ladies and move them to the lords' other side (effectively moving the ladies from the right side of the lords to the left sides of the lords). The ladies again jump or hop to assist the lords. This is the second toss of the Duchess and can be the most dangerous when inebriated. Again, beware of low ceilings, beams, and ceiling fans when tossing the lady in place and across from one side to the other.

Once the lady is on the lord's left side, everyone now has a new dance partner, new couples have been formed, and the dance starts all over.

This is a great dance for demos.

Enjoy! –Rory

TOWN FAIRE

James in les Breres held "Summer Garb and Summer Eventing" as the Shire of Ardanroe's A&S night on Wednesday, April 26th at the Aulds Library from 7:00 – 8:45 p.m. Summer garb show-and-tell was held followed by a look at a hand-out of simple summer tunics with patterns, discussion of fabric, and recipes for three summer drinks (fake wines). One drink was prepared by James and sampled by all. Patterns for a tunic were measured and drawn on paper for Amata, Rory, and Kazdarack (totally new to the SCA person from Ruston). Amata's fabric was cut from the pattern.

The weather was adversely affecting several members. Conor was unable to stay and give his Summer Safety Tips. These are listed below.

Summer Safety - - the Brief Version

1. DRINK. Water is good; caffeine and alcohol are bad (both dehydrate you). 64 oz of water is the goal before enjoying other fluids.
2. SPORT DRINKS can be bad; they are high in sugars; they can throw your chemical balance out of line (diarrhea, cramps, etc. can result). Most people don't need them. Most people just want them.
3. SHADE. Hats, sunscreen, pavilions, etc.
4. SUN. Get out of it often. Too much sun can result in red skin and profuse sweating. Being beet red and/or not sweating are very bad. Ashen tone and no sweating may be a mistake you might not get a chance to repeat.
5. CLOTHING. Choose loose fitting garb. Choose fabrics that breathe. If the weave is too loose you may have that pattern on your skin.
6. COMPRESSES. If you use one, make it cool but not cold. Cold liquid plus hot body can equal cramps or shock. Place the compress on the back of the neck, on the wrist, or under the arm. If you put it on your forehead you could get an "ice cream" headache.
7. If in doubt, seek professional.

May 15th (a Monday) will be an Extra Credit Fighter Practice and Drumming Social held at Rory's starting at 6:00 p.m. Directions are as follows: Go to Barksdale Blvd in Bossier City. Coming from the north or south, come to the traffic light where the Pizza Hut is. Turn at that traffic light (going over the railroad tracks) onto Bellaire Blvd (Bellaire Baptist Church on your right once you get on Bellaire). Take Bellaire Blvd until it ends (3rd Stop Sign) at a T-intersection with Holiday Place. Turn right on Holiday Place. House is on the left – 1705 Holiday Place.

May 24th at Aulds Library will be the Shire's A&S workshop "How Do I Keep All This Stuff Together: Part 1" looking at bags, pouches, and pilgrims satchels in period. A supply list will be provided so that all can make a small pouch or satchel. Recipes for summer foods and samples will also be at the May workshop! Starting time is 7:00 p.m.

June 23rd or June 24th will be a special Brewing Workshop at Johannes and Bronwen's. More details next month!

COINAGE

The Shire's Net Worth at the end of the 2005 calendar year was \$ 13,837.00, an increase from 2004 of \$ 1,578.94.

WINTER WONDERS EVENT FINANCE REPORT

Event held February 10-12, 2006 at Lake Bistineau State Park, Group Camp One.

Income: \$ 2453 (event attendance; no refunds)

Expenses: \$ 1588.73 (food - \$655.01; general supplies - \$213.72; site fee - \$600; NMS - \$120)

Net Profit (Loss): \$ 864.27

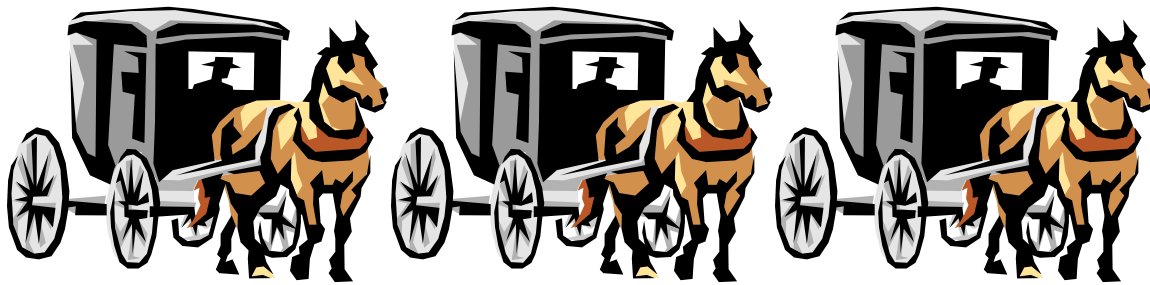
NOTE: The site fee is now \$800 but because we reserved the site before the price change, we were able to stay at the original \$600 fee for this event. The site fee for any future events held at the site (Group Camp One) will be \$800.

CARRIAGE CHATTER

Scottish Tartan Festival

Sadly Candlelight Camp was cancelled due to double-booking of the camp site. However, the first day of April was the Scottish Tartan Festival presented by the Scottish Society o Tae Louisiana Hielands at Scotland Farms of Louisiana in Minden, Louisiana, from ten o'clock in the morning to eight o'clock that evening. Members from Blackwood and Loch Bais joined Ardanroe demonstrating fighting, displaying armor and crafts, and even walking in the parade! A few took part in the caber toss (the big pole throws). Attendance was good and 75 flyers were distributed. Special thanks to Michael atte Harp and Maximilian in making sure that everything went smoothly with all the fighters and to the Ladies who came up with the cool Frosty. To see pictures of the Shire members and festival attendees go to

<http://www.medbskeepe.com/photo/results.sfx?Return=photo/search.sfx&Category=Scottish%20Festival> on Medb's photo webpage.



FORTNIGHT

The April Populace Meeting was held on the 12th at Courtyard Coffee in Shreveport located at 7436 Youree Drive next to the Michael's Art Store. The calendar of upcoming events was announced, forms for an Ardanroe directory were again distributed, and reports from officers made. Sixteen people attended the populace meeting. Sarah is not able to be the local Herald while serving as a Kingdom Herald (Obsidian). Rovena volunteered to be the new local Herald with assistance promised from many. Sarah's device was submitted at Herald's Point during Gulf Wars. Medb's name (see Ardanroe Officer's above for her new name!) was registered in the January 2006 Letter of Acceptance and Returns (LoAR). Because of Easter, fighter practice was moved to Saturday April 15th at 3:00 p.m. at Mike Woods Park. It is a fighter's responsibility to have the proper waivers with him or her to be able to fight. A report on the Scottish Highland Festival was given by Michael, our Chatelaine. All bank cards were completed at the meeting so the signatures on the account can be updated to the new officers. Everyone was encouraged to email their A&S activities to James for his quarterly reports. More A&S activities are in the planning stages along with an extra credit fighter practice now that summer is here (weather-wise if not calendar-wise). James is investigating a one-day summer event. Medb is investigating bidding for Fall Crown List.

Several demos are in the planning stages:

- Cedar Grove Library – June 6th at 10:30 a.m. for Home Schooled Children ages 11 and up
- Shreveport Gilbert & Sullivan Society in July – more TBA

Ceara's name, James' name, and Rebekah's name/device were all submitted by mail on April 13th to the Ruby Herald of Gleann Abhann.

Inventories were a big discussion point at the populace meeting and budget/finance committee meeting (budget/finance committee meeting was held at 5:30 before the A&S workshop started). The current Lost and Found from Ardanroe events is about to become very small, as we only have Lost and Found from the December 2005 Gleann Abhann Kingdom Fighter Collegium (all of this will be turned over to the Kingdom Sheriff as the Kingdom Sheriff is now in charge of Lost and Found from Kingdom Level Events) and February 2006 Winter Wonders.



SCRIPTORIUM SENDING

Their Royal Majesties need award scrolls. Below is the text to one of the many new awards in the new Kingdom.

Order of the Diamond Chalice

Among the populace of Gleann Abhann, there is one who labors tirelessly on behalf of Crown and Kingdom. It is Our pleasure to recognize such steadfast service, excellent deeds, and noble dedication. Therefore, by our prerogative We name to The Order of the Diamond Chalice, commending this esteemed gentle to the companions of this Order. This done by Our hands and seals this ____ day of ____, Anno Societatis ____.

X Sovereign X Consort